

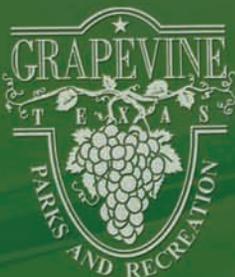
GRAPEVINE PARKS & RECREATION



BALLET/TAP
(page 6)

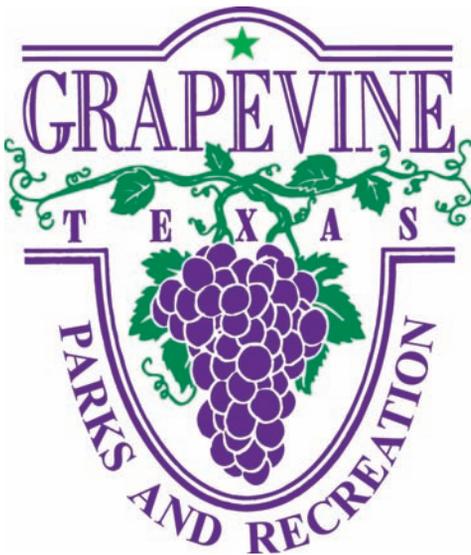
ART PROGRAMS
(page 14)

**DOVE
RENOVATIONS**
(back cover)



Playbook Activities Guide
Spring/Summer 2013

playgrapevine.com



Parks & Recreation Phone Numbers

P.O. Box 95104 Grapevine, Texas 76099

playgrapevine.com

City Council

Mayor William D. Tate
 Mayor Pro Tem C. Shane Wilbanks
 Sharron Spencer
 Darlene Freed
 Roy Stewart
 Mike Lease
 Chris Coy

City Staff

Bruno Rumbelow – City Manager
 Jennifer Hibbs – Assistant City Manager

Parks & Recreation Advisory Board

David Buhr, Chair
 Roy Robertson
 John Dalri
 Ray Harris
 Lawrence Baker
 Larry Francis
 Debra Tridico
 Elizabeth Kaufman
 C. Shane Wilbanks, Mayor Pro Tem
 Becky St. John, GCISD
 Seth Gillitzer, Student Liason

Community Activities Center (CAC)

1175 Municipal Way
 Trent Kelley, CAC/SAC Supervisor
 Cameron Powell, Recreation Coordinator
 David Mote, Recreation Coordinator
 Jeff Smith, Fitness Coordinator
 Michelle Caro, Event Coordinator
 Phone.....817.410.3450
 Fax.....817.410.3498

Parks & Recreation Administration

200 S. Main St.
 Doug Evans, Director
 Joe Moore, Assistant Director Parks & Recreation
 Mona Burk, Marketing/Media Relations Manager
 Mary Jo Tellin, Manager of Volunteer Services
 Phone.....817.410.3122
 Fax.....817.410.3005

Park Services

501 Shadybrook Dr.
 Kevin Mitchell, Assistant Director Parks
 Tony Steele, Parks Manager
 Rusty Walker, Athletics-Foreman
 Dave Parsons, Lake Parks-Foreman
 Lisa Adams-Grove-Horticulturist
 Mike Hooker, Contract-Foreman
 Phone.....817.410.3347
 Fax.....817.410.3051

Recreation Services

1175 Municipal Way
 Chris Smith, Recreation Superintendent
 Scott Hardeman, Athletics Supervisor
 Randy Sell, Recreation/Aquatics Supervisor
 Jennifer Fry, Recreation Coordinator
 Jaycob Kirkpatrick, Athletics Coordinator
 Sheila Rich, Recreation Secretary
 Phone.....817.410.3470
 Fax.....817.410.3095

Senior Activities Center (SAC)

421 Church St.
 Trent Kelley, CAC/SAC Supervisor
 Eileen Hinson, Assistant Supervisor
 David Stuckey, Lead Recreation Specialist
 Phone.....817.410.3465
 Fax.....817.410.8147

Lake Parks

**The Vineyards Campground & Cabins
on Lake Grapevine**
 Phone817.329.8993
 vineyardscampground.com

Meadowmere Park
 Phone817.488.5272

Rockledge Park
 Phone817.454.1058

CAC Holiday Hours

Easter Sunday, Mar. 31Closed
 Memorial Day, Mon., May 279AM-7 PM
 Independence Day, Thur., Jul. 4Closed

Helpful Numbers

Chamber of Commerce.....817.481.1522
 Convention Center.....817.410.3459
 Convention &
 Visitors Bureau.....817.410.3185
 GCISD Administration.....817.488.9588
 GCISD Swim Center.....817.251.5353
 Grapevine Vintage Railroad.817.625.7245
 Household Hazardous Waste.817.410.3363
 Keep Grapevine Beautiful....817.410.3490
 Library.....817.410.3400
 Municipal Golf Course.....817.410.3377
 Senior Activities Center.....817.410.8130
 Utilities.....817.410.3172
 U.S. Army Corps of Engineers.817.865.2600
 Visitor Information Center...817.410.8136
 Volunteer Opportunities.....817.410.3490
 Water/Sewer (after 5 PM)...817.410.8127

Equal Opportunity & Access

The Parks & Recreation Department welcomes the community to participate in and enjoy programs and facilities regardless of race, color, religion, sex, national origin or disability.

On the Cover:
 Dove Park Sprayground
 1509 Hood Lane

Grapevine Parks & Recreation

MEMBERSHIP APPRECIATION 2013!

Howdy Y'all! Mosey on down on Monday, April 22, to the Grapevine Community Activities Center from 6 AM-7 PM. We are going country in celebration of our members!

COME CELEBRATE WITH US!

Allow the CAC to host your child's next Birthday party! Parties include cake, beverages, party hosts, party room for one (1) hour, and one (1) hour gym use, decorations and party favors. **Party cancellations must be made 14 days in advance.** All other food items must be provided by parents and approved by the assigned party coordinator.

Room Rental (\$50)

One (1) hour room rental/2 hrs. minimum
Set-up/Take down

Gym Rental (\$100)

One (1) hour gym rental

Non-Themed Package (\$200)

One (1) hour room rental
One (1) hour gym rental
Set-up/Take down
Cake/Punch
Decorations/Party favors
Activities run by party hosts
10 participants max/\$5 each additional child

Themed Package (\$250)

One (1) hour room rental
One (1) hour gym rental
Set-up/Take down
Cake/Punch
Themed decorations/Party favors
Activities run by party hosts
10 participants max/\$5 each additional child

Optional:

12 balloons for \$12. Additional balloons: 50¢ each.

Party days: Fri., Sat. and Sun. Additional days and times available upon request.

Party themes: Any themes that can be found in stores

Ask about our facility rental for:

Sweet 16 Celebrations Baby Shower
Family Reunions Athletic Events
Rehearsal Dinners

For additional information, please contact Michelle Caro at mcaro@grapevintexas.gov or at 817.410.3455.

Mission Statement

To enhance the quality of life of the citizens of Grapevine, through the stewardship of our natural resources and the responsive provision of quality leisure opportunities.

Play Often Play *Grapevine*

Table of Contents

Feb.-Aug. 2013

Classes	4-41
<i>Pre-School</i> (6 yrs. and under)	4-5
<i>Dance</i>	6
<i>Kids Activities-Off the Couch</i>	7
<i>Health and Fitness</i> (6 yrs. and above)	8-13
<i>Fine Arts</i> (All ages)	14
<i>Special Interest</i> (6 yrs. and above)	15-18
<i>Recreation</i> (All ages)	19
<i>Tennis</i>	20
<i>Youth Sports</i> (4 yrs. and above)	21-22
<i>Adult Sports</i> (16 yrs and above)	23-24
<i>Spring & Summer Camps</i> (All ages)	25-28
<i>Botanical Gardens</i> (All ages)	29
<i>Aquatics</i> (All ages)	30-36
<i>Rental Facilities</i>	37
<i>Senior Adults</i> (55 yrs. and above)	38-40
Special Events	41-45
Community Activities Center	46
Policies	47
Session Registration Schedule	48
E-Z Registration Form	49
Parks/Addresses	49
Index	50
Trails Map	51

Preschool

Paint Me a Story Art Camp-NEW

Join us as we combine popular library books and art for imaginative fun. We'll read a book, create some inspiring colorful art, and amaze our family and friends with our beautiful creations! We will complete two full art projects each day to take home, so get ready for some messy artistic fun!

Ages/Days: 3-6 yrs., Mon.-Fri.

Date/Time/Code:

Jun. 3-7, 9 AM-12 PM, 709732-05

Fee: \$100 (\$50 supply fee*)

*Supply fee should be paid the first day of class to the instructor, checks should be made payable to Abrakadoodle.

Instructors: Abrakadoodle

Arty Animals Camp-NEW

Join Abrakadoodle, "the best art class to bring out your child's inner Picasso" for this art camp filled with animal, insect and reptile art, mini-worlds and creative scientific and artistic learning experiences!

Ages/Day: 3-6 yrs., Mon.-Fri.

Date/Time/Code:

Jun. 24-28, 9 AM-12 PM, 709733-05

Fee: \$100 (\$50 supply fee*)

Supply fee should be paid the first day of class to the instructor, checks should be made payable to Abrakadoodle.

Instructors: Abrakadoodle

Wild, Wild West Art Camp-NEW

Join Abrakadoodle in the Wild, Wild West for a Rootin' Tootin' Doodlin' good time! We will create a pair of cowboy boots, wrangle a rattlesnake, have a pow-wow with the Indians and create an art adventure you won't want to miss. We will play games, listen and sing along to music and tell campfire stories while on the trail.

Ages/Days: 3-6 yrs., Mon.-Fri.

Date/Time/Code:

Jul. 8-12, 9 AM-12 PM, 709734-05

Fee: \$100 (\$50 supply fee*)

*Supply fee should be paid the first day of class to the instructor, checks should be made payable to Abrakadoodle.

Instructors: Abrakadoodle

Big Abrakadoodle Circus Camp-NEW

Ladies and gentlemen, boys and girls . . . welcome to the greatest camp on earth!

The circus is coming to town. Abrakadoodle style! Stretch your creative muscles as you design out-of-this-world costumes. Clown around with circus paintings and circus faces. Tame clever circus animal sculptures. Swing along to create a balancing trapeze artist! Be the ringmaster of your own imagination at the Big Abrakadoodle Circus complete with carnival games, costumes, laughter, oohs and aahs and spectacular fun!

Ages/Days: 3-6 yrs., Mon.-Fri.

Date/Time/Code:

Aug. 12-16, 9 AM-12 PM, 709735-06

Fee: \$100 (\$50 supply fee*)

*Supply fee should be paid the first day of class to the instructor, checks should be made payable to Abrakadoodle.

Instructors: Abrakadoodle

Lil' Chefs

Lil' Chefs is a hands on creative class where our "chefs" in training will learn to mix, measure, whip, decorate and taste! We will make: cookies for rookies, pizza dip and breadsticks, lady bug cake pops, pretzel skeletons, edible flower pots, octopus hot dogs and much more!

Ages: 3-8 yrs.

Day/Time/Code: Wed., 1-2 PM, 708406

Session/Fee: 05 (6 wks) \$75

Instructor: Ms. DeLaine

Additional info: \$5 supply fee to be paid to the instructor.

Let's Get Growing-NEW

Mad Science invites you to play in the garden in this exciting camp. Dissect soils and seeds.

Investigate sun, wind and rain. Make your own sun visor. Explore living plants and leaves and discover the art of rubbings. See and make different bugs and creepy crawlers. Explore the life of a caterpillar. Finally make a mural of the garden with your fellow campers.

Ages: 3-5 yrs.

Dates/Codes: Jun. 10-14, 703919-05

Jul. 29-Aug. 2, 703928-06

Fee: \$145

Instructor: Mad Science

Kreative Kids

Imagine the fun your little artist will have creating Father's Day Gifts, 4th of July candle cups, personalized pillow cases, ivory clouds, monogram plates, crazy backpacks, key rings and much more!

Ages: 3-8 yrs

Day/Time/Code: Wed., 2:15-3:15 PM, 708409

Session/Fee: 05 (6 wks) \$75

Instructor: Ms. DeLaine

Additional info: \$5 supply fee to be paid to the instructor.

RARE Learning Inc. Early Learner's Day Out Academic Pre-School Program

RARE Learning offers an academic Pre-K program for 3-5 year olds that utilizes an innovative curriculum in reading, math and science to engage and enrich young minds and get them well-prepared for kindergarten. RARE Learning uses Pre-K and Kindergarten curriculums to fit the academic needs of the individual student. Classes combine one-on-one instruction with instruction with individualized level math and language curriculum worksheets, multimedia and educational games, to help young children build a foundation that will last throughout their academic career.

Classes will cover phonics, reading, spelling, writing, counting, early arithmetic, basic science concepts, and group activities to develop fine and gross motor skills. By maintaining a favorable instructor to child ratio of 1:6, this program ensures nurturing of a child's academic confidence at an early age.

A \$5 supply fee per month payable to the instructor is due first day of each session. Classes are available 3, 4, or 5 days. For more information, please call 972.567.1771 or email info@rarelearning.com.

Class:	Times:	(4 Weeks)
Tue./Thur.	9 AM-12 PM	\$189/month (708316)
Tue./Thur.	9-11AM or 10 AM-12 PM	\$139/month (708311)

Class 1 - Tue./Thur.	
Mar. (03)	Feb. 26-Mar. 28 (no class March 11-15)
Apr. (04)	Apr. 2-25
May (05)	April 30-May 23
May/Jun. (13)	May 28-Jun. 6 (prorated: 2 week mini session)
Jun. (06)	Jun. 11-Jul. 2 (July 4 make-up TBA in class)
Jul. (07)	Jul. 9-Aug. 1
Aug. (08)	Aug. 6-22 (3 week prorated session) Aug. 6-29 (4 week session)

Class 1-Fri. Preschool	
Fri.	9 AM-12 PM \$92/per month (708211) 9-11 AM or 10 AM-12 PM \$69/per month (708211)

Session:	
Mar. (03)	Mar. 1-29 (No class March 15)
Apr. (04)	Apr. 5-26
May (05)	May 3-24
May/Jun. (13)	May 31-Jun. 7 (prorated 2 week session)
Jun. (06)	Jun. 14-Jul. 5 (no class July 5, make-up TBA)
Jul. (07)	Jul. 12-Aug. 2
Aug. (08)	Aug. 9-23 (3 week prorated session) Aug. 9-30 (4 week session)

Class 3-Mon./Wed.	
Mon./Wed.	9 AM-12 PM \$189/month (708219) 9-11 AM or 10 AM-12 PM \$139/per month (708211)

Session:	
Mar. (03)	Feb. 25-Mar. 27 (No class March 11-March 15)
Apr. (04)	Apr. 1-24
May (05)	April 29-May 22
May/Jun. (13)	May 27-Jun. 5 (prorated 2 week mini session)

Soccer Skills Academy

Players will have fun while being introduced to the exciting sport of soccer. Through constant training with the soccer ball, young players will sharpen their skill level. Players will learn to use proper dribbling, passing and shooting techniques.

Day/Ages/Time/Code:
Thur., 3 yrs., 4-4:45 PM (708419)
4-5 yrs., 4:45-5:30 PM (708400)
6-7 yrs., 5:30-6:15 PM (708418)

Location: Fields behind the CAC
Session/Fee: 03, 04, \$60
Instructor: Soccer Sparks Academy

Pee-Wee Basketball

A fun, introductory program into the wonderful sport of basketball for ages 4-6. Participants will learn fundamental basketball skills such as shooting, passing and dribbling, and teamwork. Classes will lead up to an awards ceremony on the last day.

Ages: 4-6 yrs.
Day/Time: Mon., 4-4:45 PM
Session/Fee: 03, \$40
Code: 708218
Instructor: Cameron Powell

Preschool Play Time at the Community Activities Center

Looking for a place for your next playdate? Every Friday morning the Community Activities Center gym will be opened for kids and their parents to play. The gym will be filled with all kinds of things to keep kids busy while having fun: bounce house, parachute, balls, toys, bikes, mats and more! The perfect spot for the next rainy day or your next playgroup!

Fee/Day/Time:
\$1/child (parents free) Fri., 10 AM-12 PM

Preschool Playtime PLUS-NEW

Once a month we are going to take preschool playtime up a notch by adding crafts, snacks and extending the playtime! You don't want to miss these fun days for you and your child: Bring a sack lunch; drinks and snacks will be provided. No registration required, just pay at the door.

Time: 10 AM-1PM
Fee: \$1/child (Parents free) (includes snacks, crafts and playtime)
Days/Dates: Fri., February 15, Hearts-a-flutter
Fri., March 22, Bunny Hop
Fri., April 19, Spring into Fun
Fri., May 10, Just for Mom!

Dance

TITLE	AGE	DAYS/TIMES	INSTRUCTOR	FEE		CODE
				03, 05 (6 wks.)	04, 06 (4 wks.)	
Ballet/Tap for Pre-School	3-5 yrs.	Mon., 10-10:40 AM	Jo-Ann Ingram	\$57	\$38	708201
Ballet/Tap for Pre-School	3-5 yrs.	Mon., 10:45-11:25 AM	Jo-Ann Ingram	\$57	\$38	708202
Ballet/Tap for Pre-School	3-5 yrs.	<u>Tue., 10-10:40 AM</u>	Jo-Ann Ingram	\$57	\$38	708301
Ballet/Tap for Pre-School	3-5 yrs.	Tue., 5:30-6:10 PM	Chelsea Turri	\$57	\$38	708300
Ballet/Tap	6-12 yrs.	Tue., 6:15-6:55 PM	Chelsea Turri	\$57	\$38	708304
*Jazz/Hip Hop	6-12 yrs.	Tue., 7-7:50 PM	Chelsea Turri	\$57	\$38	708314
Ballet/Tap for Pre-School	3-5 yrs.	Wed., 10-10:40 AM	Jo-Ann Ingram (Spring) Chelsea Turri (Summer)	\$57	\$38	708402
Ballet/Tap for Pre-School	3-5 yrs.	<u>Wed., 11:35 AM-12:15 PM</u>	Jo-Ann Ingram (Spring) Chelsea Turri (Summer)	\$57	\$38	708410
Ballet/Tap	5-7 yrs.	Thur., 4-4:40 PM	Jo-Ann Ingram	\$57	\$38	708510
Ballet/Tap	6-12 yrs.	Thur., 4:45-5:25 PM	Jo-Ann Ingram	\$57	\$38	708511
Ballet/Tap for Pre-School	3-5 yrs.	Thur., 5:30-6:10 PM	Jo-Ann Ingram	\$57	\$38	708503
Ballet/Tap for Pre-School	3-5 yrs.	Thur., 6:15-6:55 PM	Jo-Ann Ingram	\$57	\$38	708504
Ballet/Tap	6-12 yrs.	Thur., 7-7:40 PM	Jo-Ann Ingram	\$57	\$38	705500
Ballet/Tap for Pre-School	3-5 yrs.	<u>Sat., 10-10:40 AM</u>	Tatyana Peffers	\$57	\$38	708701
Ballet/Tap	6-12 yrs.	<u>Sat., 10:45-11:25 AM</u>	Tatyana Peffers	\$57	\$38	705700
*Jazz/Hip Hop	6-12 yrs.	<u>Sat., 11:30 AM-12:15 PM</u>	Tatyana Peffers	\$57	\$38	708700

Ms. Jo-Ann's classes are progressive, with a formal spring recital at the conclusion of Session 04. Additional fees for costumes may apply. Of the above classes, any underlined class is offered in sessions 03-06 and all non-underlined classes are only offered in sessions 03 and 04.

Additional information: Siblings receive a \$5 discount.

Ballet shoes, leotards and tights required for all dance classes. Tap shoes required for tap classes.

Pre-School Gymnastics

This class is designed to promote physical activity and motor skill development. Basic gymnastics skills such as rolls, bridges, handstands and cartwheels will be introduced. Students will also be exposed to other gymnastic equipment as the balance beam and rings.

Ages: 3-5 yrs.

Day/Time: Tue., 4:30-5:10 PM

Session/Fee: 03, 04, 05, 06, (\$45) 6 wks.

Code: 708205

Instructor: Gypsy Mishoe

Sporties for Shorties

This class is designed for children to develop the basic motor skills needed for youth sports programs. The skills learned are throwing, catching, kicking and batting. It is a positive learning environment where children actively participate with much success. The equipment used is soft, colorful, and age appropriate "Koosh" products. Your children will love learning in this class.

Ages: Boys/Girls, 3-5 yrs.

Day/Time: Wed., 10:45-11:30 AM

Session/Fee: 05, (6 wks.) \$57
06, (4 wks.) \$38

Code: 708401

Instructor: Chelsea Turri

Tumbling for Tots

This class will teach the fundamentals of gymnastics on a floor mat while developing flexibility and strength. Children will also learn coordination skills on a balance beam and parachute exercises. Classes will build self-confidence, create group interaction skills while supporting your child's self-esteem and positive image.

Ages: 3-6 yrs.

Day/Time: Tue., 10:45-11:30 AM, 708403

Wed., 10:45-11:30 AM, 708414

Session/Fee:

Tue., 03, 05, (6 wks.) \$57; Wed., 03 (6 wks.) \$57
Tue., 04, 06, (4 wks.) \$38; Wed., 04, (4 wks.) \$38

Additional Info: Wear comfortable play clothes; girls may wear dance attire.

Instructor: JoAnn Ingram/Spring
Chelsea Turri/Summer

OFF THE COUCH

Adventures for Older Kids

Beginning Gymnastics 1

This class is designed as an introduction to gymnastics. Students will learn floor skills such as rolls, cartwheels, handstands and backbends. Students will also be introduced to the balance beam, rings and vault.

Ages: Kindergarten-7 yrs.

Day/Time: Tue., 5:15-5:55 PM

Code/Fee: 709327/\$48

Session: 03, 04, 05, 06 (6 wks.)

Instructor: Gypsy Mishoe

Beginning Gymnastics 2

This class is designed for older children who have little experience with gymnastics. Students will learn floor skills such as rolls, cartwheels, handstands and backbends. Students will also be introduced to the balance beam, rings and vault.

Ages: 8-12 yrs.

Day/Time: Tue. 6-6:45 PM 709202

Code/Fee: 709202/\$48

Session: 03, 04, 05, 06 (6 wks.)

Instructor: Gypsy Mishoe

Advanced Intermediate Gymnastics

This class is designed for the young gymnast who has already mastered the basic skills of the sport. Students entering this class should be able to do a cartwheel, a handstand and a backbend with little or no assistance. We will be working on more advanced skills such as front and back walk-overs and handsprings. Students will spend a portion of each class developing flexibility and strength.

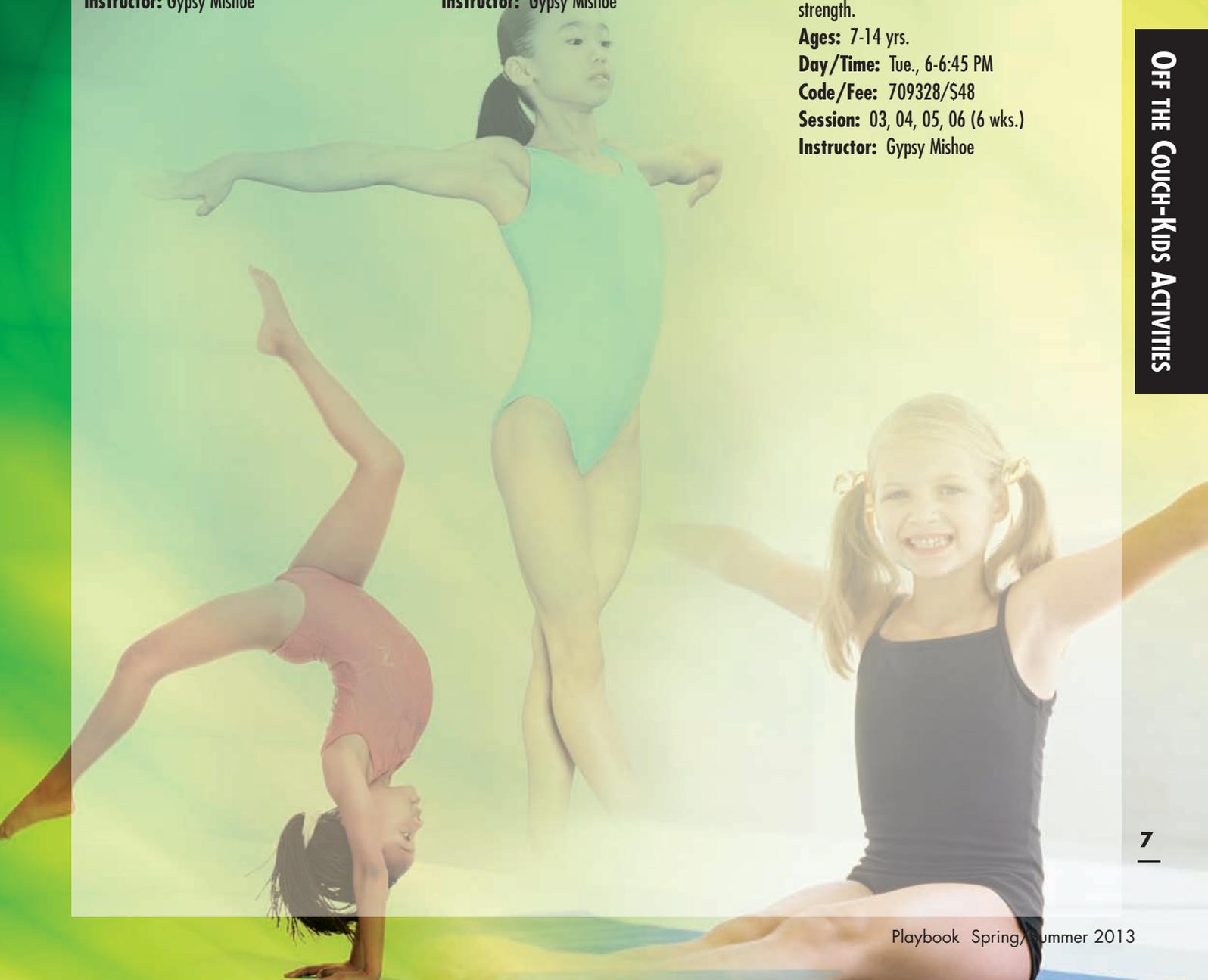
Ages: 7-14 yrs.

Day/Time: Tue., 6-6:45 PM

Code/Fee: 709328/\$48

Session: 03, 04, 05, 06 (6 wks.)

Instructor: Gypsy Mishoe



HEALTH & FITNESS

Personal Training

Experience a new exercise program that will take your fitness to the next level! Contact the Grapevine Community Activities Center staff of certified professional personal trainers! Select a personal training package and save!

1/2 Hour Sessions \$35

1/2 Hour Semi-Private Sessions \$50 (price based on two people)

Personal Training Packages

Five, 30-minute sessions for \$170 (save \$5)

Ten, 30-minute sessions for \$330 (save \$20)

Fifteen, 30-minute sessions for \$465 (save \$60)

Twenty, 30-minute sessions for \$600 (save \$100)

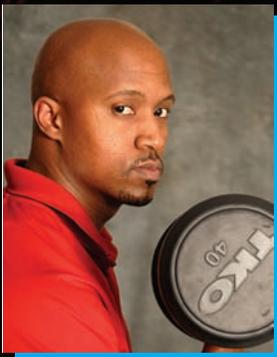
Five semi-private sessions for \$245 (save \$5)

Ten semi-private sessions for \$480 (save \$20)

Fifteen semi-private sessions for \$675 (save \$75)

Twenty semi-private sessions for \$860 (save \$140)

To schedule your appointment with a personal trainer, please contact Fitness Coordinator, Jeff Smith jdsmith@grapevintexas.gov • 817.410.3456



Larry Coleman, Ci-MFS



Melissa Smith, BS, ACE



Carlyle Bourland
Master Fitness Trainer

HEALTH FITNESS

Join anytime • Classes offered year round
For more information, please call Missy at 817.269.6477.

Burn up to 600 calories in one fun and powerfully effective 60-minute total body workout. Every Jazzercise group fitness class combines dance-based cardio with strength training and stretching to sculpt, tone and lengthen muscles for maximum fat burn. Choreographed to today's hottest music, Jazzercise is a fusion of dance, resistance training, Pilates, yoga and kickboxing. Start dancing yourself fit and change the shape of your body today!

FEE: Starting at \$39 per month with our Easy Fitness Ticket!
Joining fees may apply (Unlimited access to all classes)



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Valid for Jazzercise classes at participation locations only. Valid for new customers or those who have not attended Jazzercise for 3 months or longer. Not valid with any other offer. No refunds or cash value. Limit one per customer.
jazzercise.com • 800.FIT.IS.IT

Class Schedule

MON	TUES	WED	THUR	FRI	SAT
5:45 AM: Express *9:15 AM: Jazzercise 6 PM: Jazzercise	9:15 AM: Jazzercise 6 PM: Jazzercise	5:45 AM: Express *9:15 AM: Jazzercise 6 PM: Jazzercise	*9:15 AM: Jazzercise 6 PM: Jazzercise	5:45 AM: Express *9:15 AM: Jazzercise	9:15 AM: Jazzercise

* Free Child Care Available

Jazzercise

The original dance exercise phenomenon! Jazzercise blends aerobics, yoga, Pilates, and kickboxing movements into fun dance routines set to fresh, new music. Instructors make the routines fun and easy to follow.

Personal Touch

Personal Touch is a program designed by Jazzercise to carry your fitness needs one step further. Personal Touch is an extended program to build muscle tone, strong bones and healthier eating habits. Each class concentrates on muscle building, nutrition and proper strength training techniques to help you lose inches and pounds. No aerobics involved. Open to non-jazzercise students.

Ages: 16 yrs. & up

Days/Times/Codes/Fees: Mon., 7-7:50 PM, 706218, \$60
Thurs., 7-7:50 PM, 706506, \$60
Mon. & Thurs., 7-7:50 PM, 706221, \$100

Sessions: 03, 04, 05, 06

Instructor: Certified Jazz Instructor

Junior Jazzercise Camp

This camp features hip-hop, cheerleading, fitness testing, obstacle course, talent show, arts and crafts and more. Get your kids off to a healthy start to summer by exposing them to an exercise program that is fun and offers variety.

Ages: 7-11 yrs.

Days/Time/Code: Mon.-Fri., 1-4 PM, 706711

Dates: Aug. 12-16

Fee: \$110

Instructor: Missy Hill

For more info: 817.269.6477

*Girls only

New Class Times

Monday, Wed., Fri., at 5:45 AM

Start your day off right! Get in, work out and still have time to get ready for your busy day. For more information, please contact Missy at 817.269.6477 or at grapevinetxjazz.com.

Tae Kwon Do/Hapkido

Tae Kwon Do, a Korean martial art, is for all ages and is fun for the entire family. Develop flexibility, concentration, general conditioning, hand/eye coordination, balance, self-discipline, and physical/mental well-being. Students in the beginning class will learn the basic forms, basic techniques, and controlled sparring applications. This class offers a 20-minute warm-up that is followed by the basic technique/controlled sparring practice.

Hapkido: A Korean martial art adds grappling techniques (escape from holds, wrist locks, throws, and weapon practice) to Tae Kwon Do skills. Beginning skills are practiced from 7-8:15 PM.

Ages: 6 yrs. & up

Sessions/Fees: \$50/month (Ind.)

*\$37.50/month (Mar.)

\$140/month (Fam./3 or more)

*\$105/month (Mar.)

Instructor: Kim Davis, 6th DAN

***Note:** Belt test and optional uniform is available from instructor on first day of class.

Beginning Tae Kwon Do

Days/Time: Mon. & Thur., 7-8 PM

Codes: 706800 Ind., 706802 Fam.

Advanced Tae Kwon Do/Hapkido

Days/Time: Mon. & Thur., 7-8:15 PM

Codes: 706801 Ind., 706803 Fam.

*No class March 11-15

*No class July 4

Zumba Fitness

Latin-inspired, easy-to-follow, calorie-burning, dance fitness party! The Zumba program is a one-of-a-kind fitness program. Zumba fanatics achieve long-term benefits while experiencing an absolute blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements! Class is offered two times per week.

Ages: 14 yrs. & up

Days/Times/Codes:

Wed., 7-8 PM, 706606

Sat., 10:15-11:15 AM, 706706

Sessions: monthly

Fees: \$25 (1 class/week)

\$40 (2 classes/week), 706400

Instructor: Samantha Olson,

Licensed Zumba Instructor

Fencing

Achieve exercise, discipline, agility and grace. Learn the rules and strategy of foil fencing including footwork, defense, and attack. The instructor will provide the uniform and equipment. Moms, Dads and siblings are welcome to join the fun.

Ages: 8 yrs. & up

Day/Time: Mon., 7-8 PM

Sessions/Fee: 03, 04, 05, \$40

*Class will not be held during Session 06

Code: 706200

Instructor: Mark Ertel

Stroller Strides

Get fit and healthy with the nation's premiere prenatal and postpartum fitness class for moms. Join us in an hour long class that combines power-walking, strength training, core work, and stretching. Babies will also have fun as we entertain them during class with songs and games. Pregnant moms and new moms (6 weeks postpartum or more) are always welcome!

Location: Parr Park

Days/Time: Mon., Wed., Fri., 9-10 AM

Fees: \$30/month for 1 day/week

\$50/month unlimited

Additional Info: For more information or to register, contact Farrah Agado at 800.610.6539, or at farrahagado@strollerstrides.net or at strollerstrides.com.

Camp Gladiator Fitness Camps

Camp Gladiator is an adult fitness camp that promises an intense, motivating and challenging environment where men and women of all ages and fitness levels can push themselves. Participants may attend ANY and ALL times for one low price.

For more information and to register, visit campgladiator.com

Ages: 15 yrs. & up

Days/Time: Mon., Wed., Fri., 9:15-10:15 AM

Location: Pickering Park

more times/locations on website

Instructor: Janet Fuller

janetfuller@campgladiator.com

Men's Pickup Basketball

Stop in and play! Games played every Thursday from 6-7:30 AM, or play Monday-Friday from 11:30 AM-1 PM. Basketball is great exercise before work and during lunch. Come out and join us in a game!

Ages: 18 yrs. & up

Fees/Days/Times:

\$10, Thur., 6-7:30 AM

\$20, Mon.-Fri., 11:30 AM - 1 PM

Codes: 706508 (Morning), 709902 (Lunch)

Starts on the 1st of every month

Legends Martial Arts

Learn from the oldest school of martial arts in Texas! Grandmaster J. Pat Burleson opened the first karate school in Texas in 1960, and he still teaches today! We teach confidence, discipline, respect and overcoming obstacles. Our self-defense is solid. We combine traditional karate with Thai boxing, Aikido, and Jiu-Jitsu to give you the best of all worlds!

Fees: \$45/month – Basic Program

\$55/month – Elite Program

\$65/month – Masters Program

(\$5 discount for each additional family member)

White Belt Karate

Kids, teens and adults must first graduate from this class (unless arrangements are made otherwise with the instructor) before going into the junior classes or the teen and adult classes. This class will teach the beginning basics needed for both programs.

Day/Time: Tue., 5-5:30 PM

Ages: 6 yrs. & up

Code: 706701

Kids Class (Jr. Yellow - Jr. Black Belts)

Day/Time: Tue., 5:30-7 PM

Ages: 6-11 yrs.

Code: 706702

Teens & Adults (Yellow - Black Belts)

Day/Time: Tue., 7-9 PM

Ages: 12 yrs. & up

Code: 706703

Lil' Legends Pre-K Karate

Martial arts classes designed for 3, 4 and 5 yr. olds. Our curriculum was designed by a black belt with a Master's Degree in Occupational Therapy for pre-k age children. Participants must test out of the first class to progress to the "advanced" class, which focuses on perfecting martial arts techniques.

Beginner

Day/Time: Tue., 5:15-5:45 PM

Ages: 3-5 yrs.

Code: 706704

Advanced

Day/Time: Tue., 6-6:30 PM

Ages: 3-5 yrs.

Code: 706705

Instructor: Legends Martial Arts

For more information:

legendsmartialarts.com

817.285.8484

WORKOUT WITH WENDY

~ FLOOR, CORE & MORE ~

Intro to Pilates

Anyone can do Pilates and achieve amazing results. There is no bouncing, jarring or stress to your body. Pilates Intro, a 30-minute mat class, is a great way to start getting in shape, with gentle moves that will help strengthen and tone your body, flatten your abs and improve your flexibility and balance. If you are seeking a beginner exercise class that will transform the way your body looks, feels and performs, this class is for you!

Ages: 13 yrs. & up

Days/Time: Mon., and/or Thur., 5:10-5:40 PM

Session/Fee: \$40/month for 2 classes/week
\$20/month for 1 class/week
Drop in fee: \$7/class

Code: 706204

Instructor: Wendy Dolan

Pilates II - Rev Up

Take the next step: Pilates Rev Up picks up the pace. Utilizing weights and other equipment, this energizing, 30-minute class incorporates intermediate Pilates exercises with upper body strength training. What sets Pilates apart from other workouts is that it remains one of the most effective ways to flatten your stomach and abdominals and develop strength and fitness at all levels, without stress or strain.

Ages: 16 yrs. & up

Day/Time: Wed., 5:10-5:40 PM

Session/Fee: \$20/month
Drop in fee: \$7/class

Code: 706403

Instructor: Wendy Dolan

Pilates III - Advanced in 30-NEW

In just 30 minutes, work the deepest layer of your abdominal muscles and build a lean, strong, flexible body. These Advanced Pilates exercises place intense concentration on your core muscles, strengthening, toning and reshaping your abdominal muscles, glutes, hips, legs and back. Get it all done in 30!

Ages: 16 yrs. & up

Days/Time: Mon., and/or Thur., 6:05-6:35 PM

Fees: \$25/month for 1 class/week
with Sculpt Express: \$30/month
\$48/month for 2 classes/week
with Sculpt Express: \$55/month
Drop in fee: \$8/class

Codes: Mon., 706214, Thur., 706602

Unlimited, 706604, 2 classes/week

Instructor: Wendy Dolan

Pilates Sculpt-NEW

15-minutes! Strength training and Pilates. Fire up your metabolism, sculpt muscle, improve your bone density, tone your body. Pilates Sculpt Express: Efficient and effective!

Ages: 13 yrs. & up

Days/Time: Mon., and/or Thur., 5:45-6 PM

Fees: \$10/month for 1 class/week
\$20/month for 2 classes/week
Drop in fee: \$4/class

Codes: Mon., 706223, Thur., 706608

Unlimited, 706610, 2 classes/week

Instructor: Wendy Dolan

Indoor Cycling

Looking to have fun while burning 400+ calories? Nothing beats an indoor cycling class for a low-impact, invigorating, calorie-busting (burn 400-700 calories) fitness workout. Participants select personal intensity levels during the class through body position and bike tension. With the lights off, fans blowing and music pumping, Indoor Cycling is an effective way to get strong and lean, build cardiovascular endurance, de-stress and have a good time!

Ages: 16 yrs. & up

Day/Time: Wed. 5:45-6:30 PM

Fee: \$32/month

Drop in fee: \$10/class

Code: 706308

Instructor: Wendy Dolan

Cyclelates

The best of both worlds: Cycling and Pilates. Build core strength, flatten your abs and increase flexibility with Pilates mat exercises. Burn lots of calories, get lean and build cardiovascular strength with cycling. Cyclelates incorporates 25 minutes of Pilates followed by 25 minutes of cycling to challenge all fitness levels. Cardio and Core: get more accomplished in just one workout!

Ages: 16 yrs. & up

Day/Time/Codes: Mon., 7-8 PM, 706251

Wed., 6:45-7:45 PM, 706605

Session/Fee: \$32/month

Drop in fee: \$10/class

Instructor: Wendy Dolan

Beginner Yoga

Discover the power of going back to the basics as you move, breathe, and meditate to music. This SLOW-paced, therapeutic yoga class combines rehab principles with yoga. Perfect for those new to yoga or someone looking for a less intense class. Register for Tuesday or Friday or both days (see Unlimited Beginner Yoga). Visit HappyMovements.com for more information.

Ages: 18 yrs. & up

Days/Times/Codes:

Tue., 6:30-7:30 PM, 706303

Fri., 5:30-6:30 PM, 706507

Sessions/Fee: 03, 04, 05, 06, \$54

Instructor: Natasha Carter, LAT, ATC, CYT

Unlimited Beginner Yoga

Is one class a week just not enough for you? Join us twice a week for our Beginner Yoga Series. Classes offered Tuesday, 6:30-7:30 PM and Friday 5:30-6:30 PM. See Beginner Yoga for class description. Visit happymovements.com for more information.

Ages: 18 yrs. & up

Days/Time/Code: Tue., 6:30-7:30 PM, 706603

Fri., 5:30-6:30 PM, 706603

Session: 03, 04, 05, 06

Fee: \$87/two classes per wk. (12 classes)

Instructor: Natasha Carter, LAT, ATC, CYT

Core Therapy

Join this beginner class for the unique experience of learning therapeutic principles in a group setting for a life-long healthy back. Class includes mini-lecture, practice time, educational material and home assignments. This class is NOT intended as a replacement for medical treatment. Visit HappyMovements.com for more information.

Ages: 18 yrs. & up

Day/Time: Tue., 5:30-6:15 PM

Fee/Code: \$54, 706304

Session: 03, 04, 05, 06

Instructor: Natasha Carter, LAT, ATC, CYT

THE FIT CARLYLE EXPERIENCE

Ultimate Fitness Camp

This one hour jam-packed muscle confusion camp includes all the best low impact cardiovascular movements, ab chiseling and core and strength training exercises. All the best, new, up-to-date exercises that give you results without doing the same workouts. Lose weight with all the best healthy nutritional tips and food plan to follow for the week. Daily food log monitoring online by Carlyle. Lose weight and feel great! Make healthy and safe changes today and join us for this great camp! This is beginner to advanced friendly! Please bring a water bottle.

Ages: 11 yrs. & up

Days: Mon.-Fri.

Times/Codes: 5:30-6:30 AM, 706208
9-10 AM, 706215

Dates: Apr.15-19, Jul. 22-26, Sept. 9-13

Fee: \$50/week or \$12/day

Cooking/Nutrition for Health & Fitness-NEW

Learn how to eat for your body and cook healthy nutritious meals for you and your family. See a live cooking demonstration, taste the food (not a full meal), and learn how eating properly can help you achieve optimal health. Class is brought to you by FitCarlyle Health/Fitness and Wellness programs. No refunds for this class.

Ages: 11 yrs. & up

Days/Time: Sat., 10-11:30 AM

Dates: Mar. 9, Apr. 20, May 11, June 8

Fee/Code: \$25, 706707

Instructor: Carlyle Bourland

*Registration ends two days prior to class

Early Bird Fit

Start your day off right! Step up and take control of your body and health. Carlyle will help you make the health and fitness goals you need to look good and feel great! Lose weight, change the shape of your whole body, strengthen, tighten, and tone! Get to the core and learn how to maintain your new body. Participants receive a monthly calendar with fitness tips, motivation, recipes, nutritional guidance, and exercises to help guide you to your fitness goals.

Ages: 11 yrs. & up

Days/Time: Mon., Wed., Fri., 5:30-6 AM

Fee: \$80/month

Code: 706219

Additional Info.: *Instructor discounts may apply
*See instructor for class specials

Maxburn Fusion

Muscle confusion workouts for the best fat burning muscle toning your body needs. This multi-level class is beginner to advanced friendly and will combine a total body workout with all the newest fitness techniques to change your body. Utilizing orthopedic stretches, improved body alignment techniques, muscle-defining arm exercises and waist-chiseling ab moves. This class covers it all, cardiovascular health, long lean muscle, fat burning strength, and endurance!

Ages: 11 yrs. & up

Day/Time/Code: Wed., 9-9:50 AM, 706420

Sessions/Fee: 03, 04, 05, 06, \$35

FitCarlyle's Trainer's Choice

Trainer's choice is a great workout for all levels that will take you through every inch of your body using the best fat blasting, calorie burning, core strengthening, muscle confusion, cross training mix. Our fun, motivational, safe, dynamic workouts will have you achieving all your health and fitness goals. Class participants receive nutritional guidance and motivational information. Get healthy with us and have fun!

Ages: 11 yrs. & up

Days/Time/Codes: Mon., 9-9:45 AM, 706205

Thur., 6-6:45 PM, 706504

Fri., 9-9:45 AM, 706607

Sessions/Fee: 03, 04, 05, 06, \$35

Lunch Time QuickFit-NEW

This Trainer's choice class will give you a total body workout in 30-minutes using the ultimate cross training exercises for all levels. Strength train and condition your entire body in this motivational, safe, dynamic workout. See and feel the difference in 30-minutes! Receive a \$5 discount when you register for a second class.

Ages: 11 yrs. & up

Days/Time: Tue., 12:35-1:05 PM

Fee: \$30/month

Code: 706302six

Strength Stretch & Powerblast Plus

Total body strength training, light multi-level cardio and extensive abdominal, lower body and core exercises. Burn calories, tone, strengthen and sculpt your way to a healthy body!

Ages: 11 yrs. & up

Day/Time/Code: Mon., 6-6:45 PM, 706406

Sessions/Fee: 03, 04, 05, 06, \$35

Strength, Stretch & Flex

This popular class combines all the best and safest strength training exercises to guide you to a healthier, leaner body. Gain bone density, burn calories, build lean muscle and relieve stress using safe and effective exercises for your whole body. Class utilizes free weights, body bars, resistance training bands, stability balls, and core exercises. Learn correct strength training techniques to achieve maximum results and develop a strong, sculpted body in a fun, motivational class. Bring ankle weights and a water bottle.

Ages: 11 yrs. & up

Days/Times/Codes: Tue., 9-9:45 AM, 706300

Sat., 9:05-9:50 AM, 706700

Sessions/Fee: 03, 04, 05, 06, \$35

FitCarlyle Wellness Program – NEW!

Join today and take charge of your health! In this six week program, learn to manage a variety of health issues such as high blood pressure, cholesterol, diabetes and stress through weight loss, exercise and nutrition education. Receive the specialized attention and motivation you're seeking to start your journey and reach your goals!

Ages: 11 yrs. & up

Days/Time: Tues. & Thurs., 10-11 AM

Code: 706305

Sessions/Fee: 03,04, \$58

Fit Carlyle Fitness Pass:

1 class-\$35 (excludes fitness camps/cooking class)

2 classes - \$58 (save \$12)

3 classes - \$75 (save \$30)

4 classes - \$95 (save \$45)

Instructor: Carlyle/Team Carlyle

***All Classes are beginner to advanced friendly.**

***Participants who miss a class may attend any FitCarlyle class in the same six-week session as a make-up.**

Instructor: Carlyle/Team Carlyle

HEALTH FITNESS

Racquetball

Youth/Adult group racquetball lessons for beginning, intermediate and advanced players. Learn the rules of racquetball, the fundamentals, advanced strategies, and/or just polish your skills.

Beginner Youth Lessons

Ages/Day/Time: 6-16 yrs., Tue., 6:30-7:25 PM

Sessions/Fee/Code: 03, 05, \$40, 706410

Instructor: Cheryl Bird

Beginner Adult Lessons

Ages/Day/Time: 17 yrs. & up, Tue., 7:30-8:25 PM

Sessions/Fee/Code: 03, 05, \$40, 706412

Intermediate Racquetball Youth/Adult

Designed for the intermediate and advanced racquetball player. Learn advanced court strategies as well as improve your swing.

Ages: Youth 6-16 yrs./Adult 17 yrs. & up

Days/Times: Tue., 6:30-7:25 PM (Youth)
Tue., 7:30-8:25 PM (Adult)

Sessions/Fee: 04, 06, \$40

Codes: 706413 (Youth), 706414 (Adult)

Private Yoga-NEW

For individual and group private sessions visit happymovements.com

Stress Reduction Program

Make this 12 week commitment and learn the science behind stress so that you can take back control of your life. Each class is one hour long and includes a short lecture, group discussion, in-class practice of guided meditation or gentle yoga postures, and daily home assignments. For you to fully benefit, you must be willing to make a strong commitment to attend all classes and to practice daily home assignments for 12 weeks. For more information visit HappyMovements.com. Attend one of our free 30-minute information sessions.

Free Information Sessions:

May 20, 6:15-6:45 PM; May 29, 6:15-6:45 PM

Ages: 18 yrs. & up

Day/Time: Wed., 6:15-7:15 PM

Dates/Code: Jun.5-Aug. 21, 706401

Fee: \$160 (12 classes)

Instructor: Natasha Carter, LAT, ATC, CYT

Coleman Complete Fitness

Fit 4 Kids Camp-New

Designed to teach young children the importance of exercise. Join Master Fitness Trainer, Larry Coleman, as he teaches your child proper exercise form and technique creating a total body workout that utilizes most major muscle groups.

Ages: 5-10 yrs.

Days/Time/Fee: Mon.& Wed., 2-2:45-PM, \$85

Dates/Code: Jun. 5-Jul. 3, Jul. 8-31, 706254

Instructor: Larry Coleman, Ci-MFS

Camp Coleman

Join us for a fitness boot camp unlike any you've experienced. Camp Coleman combines circuit training with cardio, weights, and ab work in one intense workout to help you reach and maintain your fitness goals. So, whether your goal is to lose weight, tone, or just become more confident, this program is for you! Classes are fun, energizing, diverse and include a free initial and post boot camp assessment.

Ages: 13 yrs. & up

Days/Times/Fees/Codes:

Mon., Wed., Fri., 5:45-6:15 AM \$90, 706203

Tue., Thur., 12-12:30 PM \$70, 706201

Session: 4 weeks

Instructor: Larry Coleman, Ci-MFS

Coleman Cross Training

This class targets your total body and is an excellent program for those that want to begin a workout routine or for those that want to be challenged. Larry will use his experience as a Master Fitness Specialist to take you through the latest exercises in the world of fitness, keeping your workouts fresh and your body feeling exhilarated.

Ages: 13 yrs. & up

Sessions/Fee: 03, 04, 05, 06, \$90

Days/Time: Mon., Wed., Fri., 9-9:45 AM

Code: 706222

Instructor: Larry Coleman, Ci-MFS

Coleman Speed & Agility Camp-New

This camp is designed to help athletes from all sports train their muscles in a specific way to make them quicker, faster, and stronger. Our speed and agility camp will increase your jumping ability, lateral movement and speed. Take your athletic ability to the next level.

Ages: 12-18 yrs.

Days/Time: Mon., Wed., 1-1:45-PM

Dates: Jun. 5-Jul. 3, Jul. 8-31

Fee: \$115

Code: 706253

Instructor: Larry Coleman, Ci-MFS

Weekend Warrior-New

End your week right with a blast of strength and cardio training that will help you tone and lose weight all while having fun the Camp Coleman way.

Ages: 16 yrs. & up

Days/Time: Sat., 9-9:45 AM

Fee/Sessions: \$45, 03, 04, 05, 06

Code: 706712

Instructor: Larry Coleman, Ci-MFS

FINING ARTS

Drawing and Pastels

Drawing from basic shapes, landscapes, perspective, still life and animals. Drawings will be finished in pencil or pastels.

Ages: 6-12 yrs.

Day/Time/Code: Tue., 4:30-5:45 PM, 705218

Session/Fee: 03, 04, 05, \$60 (6 wks.)

Supplies: Bring 11"x14" drawing tablet and #2 pencils. Pastels will be supplied by the instructor.

Instructor: Rexana Ostuni

Advanced Art Class

Learn to mix colors and color theory, paint in different styles and media with acrylics and oils.

Ages: 10 yrs. & up

Day/Time/Code: Tue., 6-7:30 PM, 705202

Sessions/Fee: 03, 04, 05, \$65 (6 wks.)

Supplies: Canvas, paper or board, paint brushes (flat; small, medium and large table easel). Paint will be furnished by instructor.

Additional Info: Before taking Advanced Art Class, students must complete drawing & pastels.

Instructor: Rexana Ostuni

Paint Along-NEW Snow In August

In the heat of August, paint a landscape of snow in acrylic paints. Step by step instructions learning mixing colors, composition, paint and composition.

Ages: 11yrs. & up (adults welcome)

Session/Fee/Code: (06) \$35, 705219

Days/Times: Tue., Aug. 6, 6-9 PM

Sat., Aug. 17, 1-4 PM

Instructor: Rexana Ostuni

Additional info: Paint will be supplied.

Paintings on display at the Community Activities Center in July. Space is limited so register early.

Adult Ballet & Jazz-NEW

Enjoy an hour of stretch and tone using classical Ballet and Jazz. With a focus on musicality, you will work on movements, steps, turns, combinations and dance routines. Wear black jazz shoes and traditional ballet shoes with form fitting clothing or traditional dance wear.

Ages: 15 yrs. & up

Day/Time/Code: Sat., 12:30-1:30 PM, 708702

Session/Fee: 03, 05, (6 weeks) \$65

04, 06 (4 weeks) \$45

Instructor: Tatyana Peffers

Beginner Piano Class-NEW

Students will learn the basics of playing the piano from music notation and by ear in a small group setting.

Ages/Times/Codes:

Children- 7-12 yrs. 2-2:50 PM, 705562

Adults-13 yrs. & up 4:35-5:35 PM, 705563

Day/Fee: Sun., \$35/mo. (4 classes)

Instructor: Patrick Lollis

Additional Info: Students will need the following: ring binder with paper and pencil, earphones or earbuds, - portable keyboard, method books (purchased at music store or instructor)

Private Piano Lessons-NEW

Students will learn the basics of playing the piano from music notation and by ear in a one-on-one setting.

Day/Fee: Sun., \$80/mo. (4 classes)

Age/Time/Code: 7 yrs. & up, 3-4:30 PM,
705564

(30 minute slots)

Additional Info: Students will need the following: ring binder with paper and pencil, earphones or earbuds, portable keyboard, method books (purchased at music store or with instructor)

Instructor: Patrick Lollis

Special Interest

ALL ADULT DANCE

Ages: 15 yrs. & up (6 weeks)

Younger ages accommodated with instructor approval.

Sessions/Fee: 03, 04, 05, 06, \$50/Couple

Instructors: Ernie and Diane Meyer

Country/Western Dance For Beginners

Learn a new dance each week during each session as follows: Two Step, Waltz, East Coast Swing, Double Two Step, Cha Cha, and Triple.

Day/Time/Codes: Thurs., 8 PM, 705305-03
Thurs., 8 PM, 705305-04
Tues., 8 PM, 705305-06

Ballroom Dance For Beginners

Learn a new dance each week during each session as follows: Foxtrot, Waltz, East Coast Swing, Rumba, Cha Cha, and Tango.

Note: If there are fewer than two couples signed up by the start date of the session, the class will be cancelled.

Day/Time/Codes: Tues., 8 PM, 705503-03
Tues., 8 PM, 705503-04
Tues., 8 PM, 705503-05

Clogging

Clogging is easy and fun. You don't need a partner or any previous dance experience. Clogging is a great multi-generation family activity. Children under the age of 15 must be accompanied by an adult.

Day: Mon.

Levels/Times/Codes:

Beginning, 7-7:35 PM, 709221

Easy, 7:40-8:15 PM, 709220

Intermed., 8:20-8:55 PM, 709222

Advanced, 9-9:30 PM, 709223

Session 03: Mar. 4-May 20, (11 weeks)
No class March 11

Session 05: Jun. 3-Aug. 26, (12 weeks)

Fee: \$30

Class Info: Beginner lessons start in March and June.

Instructor: John Pryor

Texas Concealed Handgun Licensing Class

This one-day (10 hr.) course satisfies the handgun license. Subjects covered include: gun safety, non-violent dispute resolution, use of force and legal issues, and more. Course includes both written and proficiency (shooting) exams.

Ages: 21 yrs. & up

Sessions/Dates/Times:

03 - Mar. 9, Sat., 9 AM-7 PM

04 - Apr. 13, Sat., 9 AM-7 PM

05 - May 11, Sat., 9 AM-7 PM

06 - Jun. 8, Sat., 9 AM-7 PM

07 - Jul. 13, Sat., 9 AM-7 PM

08 - Aug. 10, Sat., 9 AM-7 PM

Code/Fee: 709795, \$99

Additional Info: For more information, contact Stan Wende at 972.742.1652. Additional gun range fee of \$15 paid to the instructor.

Instructor: Stan Wende

Defensive Driving

Bright Driver is a National Safety Council defensive driving course for all individuals that need an auto insurance discount and/or need to dismiss a traffic citation. This is a six hour course that can also be used as a corporate safety course to dismiss a traffic citation anywhere in the United States.

Ages: 16 yrs. & up

Day/Time: Sat., 9 AM-4 PM

Session/Code: 03 - Mar. 2, 709736

04 - Apr. 6

05 - May. 4

06 - Jun. 1

07 - Jul. 6

08 - Aug. 3

Fee: \$35

Instructor: J.T. Brinson

Website: brightdriversafety.com

Backyard Beauty-New Arbors, Decks, Kitchens and More...

Expand your home to the outdoors. Discover the importance of maintaining your deck, arbor or fence. Learn how to create outdoor living: from simple ideas to new decks and arbors and outdoor kitchens.

Ages: 18 years & up

Code/Fee: 709544, \$25

Session/Date/Time: (03) Feb. 26, 7-9 PM
(04) Apr. 30, 7-9 PM

Instructor: Kathi Fleck

Remodel Your Kitchen-How to Implement with Design, Budget & Materials

Discover the main ingredients in remodeling the most important room in your home. Learn how to pull the entire project together, from floor to ceiling. Create your focal point and coordinate colors, materials and design.

Ages: 18 yrs. & up

Code/Fee: 709545, \$25

Session/Date/Time: (04) May 14, 7-9 PM
(05) Jun. 18, 7-9 PM

Instructor: Kathi Fleck

Getting Paid to Talk – Making Money with Your Voice-NEW

Have you ever been told that you have a great voice? This exciting class will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. We will cover all the basics, including how to prepare the all important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our voicecoaches.com producer!

Ages: 18 yrs. & up

Code/Fee: 709546, \$30

Session/Date/Time:

05, Wed., Jul. 24, 6:30-9 PM

Additional Info: voicecoaches.com/gppt

Instructor: David Rodwell

Grapevine Fire Department Citizens Fire Academy

Discover the Grapevine Fire Department and experience the operations of firefighting and emergency medical services. Starting each February, Grapevine citizens and those who work in Grapevine, over the age of 21, are invited to attend a thirteen session academy and learn the history and organization of the Grapevine Fire Department. Experience hands-on participation with rescue tools, hose lines, and fire extinguishers.

The highlight of the academy is a Saturday trip to a fire training facility where one will experience what it is like to go into a building on fire (with full protective gear of course), extinguish the flames, and actually perform a search for victims with the thermal imaging cameras.

For more information, please contact Randie Frisinger, Deputy Chief/Fire Marshal at 817.410.8100 or e-mail Randie at rfrisinger@grapevinetexas.gov.

Grapevine Citizen's Police Academy

The Grapevine Police Department Citizen's Police Academy is held twice a year, once during the spring, and once during the fall. The Academy is open to any resident, employees of the City of Grapevine and their families, free of charge. During the fourteen week academy, students will have the unique opportunity to see and interact with Police Department personnel as never before. Students will observe all of the functions of this Police Department and see its innermost workings. The class will meet on Thursdays from 6:30 PM to 9:30 PM for 14 weeks.

The goal of this academy is to strengthen communications between the department and the community we serve. To provide a safe environment, citizens and police must jointly address issues and solutions.

The Grapevine Police Department is currently taking applications for the 28th CPA class which is scheduled to begin in February 2012, and the 27th CPA class which will begin in mid February 2013. If you are interested please visit the city of Grapevine website at grapevinetexas.gov for more information or to download an application. If you have any questions, please contact Sgt. Dale Roath at 817.410.3206 or at daler@grapevinetexas.gov.

Keep Grapevine Beautiful (KGVB)

The award winning KGVB programs include bi-annual waterway and park clean ups, recycling and hazardous waste events, park renovation and beautification projects, corporate and small business team building outings and grant funding to GCISD schools. KGVB welcomes privately scheduled outings with businesses, scout, church or school groups. KGVB is an approved, non-profit organization that supports school district community service requirements. Join us for informative monthly meetings on the first Monday at 7 PM at City Hall. For more information, please visit kgvb.org or Facebook: Keep Grapevine Beautiful, Twitter @KGVBTexas or contact Mary Jo Tellin at mjtellin@grapevinetexas.gov or at 817.410.3490.

Keep Grapevine Beautiful Event Schedule

January 5—Post-Holiday Recycling Event
Drop off Christmas trees, holiday packaging, electronics and more.

January 26—TT4T Project
Focus on beautifying trails and woods.

March 30—Household Hazardous Waste Recycling Event
Drop off paint, chemicals, fertilizers, electronics and more.

April 6—Don't Mess With Texas Trash-Off
Focus on cleaning highways and streets.

**April 6—Earth Day Grapevine 2013
a KGVB Signature event!**
Focus on products, services and methods promoting sustainability.

April 21-27— National Volunteer Appreciation Week
Focus on our incredible volunteer; a variety of projects and awards planned.

June 8—National Marinas Day
Focus on water quality and conservation.

Event details may be found at kgvb.org, Keep Grapevine Beautiful Facebook, Twitter @KGVB Texas, or by contacting mjtellin@grapevinetexas.gov or call 817.410.3490.

Earth Day Grapevine 2013

Plan to join us April 6 for our signature event - Earth Day Grapevine 2013! This will be an extravaganza you won't want to miss. The day will include -

- expert speakers on topics important to Grapevine
- live demonstrations on how to install everything from a shower head to thermostat
- vendor booths showcasing the latest and greatest products and services
- FREE food, plants, phone apps and goodie bags for all
- Live concert by 'Vocal Trash'

As part of the Earth Day celebration, our annual Arbor Day ceremony will be held at 4 PM in the Gazebo on Main Street. Please join us as we celebrate the importance and value of trees in Grapevine!

A complete event schedule can be found at kgvb.org. Those interested in securing a vendor booth, event sponsorships, demonstrations or speaking engagements, contact Mary Jo Tellin at 817.410.3490.

Special Interest

Introductory Photography

This four-session introductory photography series guides students to progress beyond taking snapshots. We begin by exploring your camera's capabilities and learn how to manually adjust for shutter speed, aperture and film speed. This series will also help you improve your understanding of composition, light, depth-of-field, and perspective. Each two-hour session includes time for practicing the concepts and techniques discussed. Students need to bring a camera and the camera manual. A digital SLR or compact camera with manual controls is essential for this class.

Day/Time: Sun., 1:30-3:30 PM

Location: CAC, 1175 Municipal Way

Sessions/Dates/Codes:

04, Apr. 7-28, 304701

05, Jun. 2-23, 304701

06, Sept. 8-29, 304701

Age: 16 yrs. & up

Fee: \$125

Instructor: Bruce Rosenstiel:

bruce@smallworldphotos.net, 817.528.5993

Intermediate Photography

This four-session intermediate photography series builds on the experience and skills learned in Introductory Photography. Each two-hour session guides students to increase their knowledge of the tools and techniques essential to creating photographs through field trips to local attractions. Students also may be introduced to an effective digital workflow using software such as Adobe Lightroom and Adobe Photoshop. The class includes time for practicing the concepts and techniques discussed. Students need to bring a camera and camera manual. A digital SLR or compact camera with manual controls is essential for this class. A tripod and a laptop with processing software loaded will be beneficial, but are not essential.

Day/Time: Sun., 4-6 PM

Location: CAC, 1175 Municipal Way

Sessions/Dates/Codes:

04, Apr. 7-28, 304700

05, Jun. 2-23, 304700

06, Sept. 8-29, 304700

Age: 16 yrs. & up

Fee: \$125

Instructor: Bruce Rosenstiel:

bruce@smallworldphotos.net, 817.528.5993

Training Your Teenage Dog

Did you already go through puppy class and need a refresher? Dogs go through adolescence, too, and frequently the 5-11 month age can be frustrating, as your dog grows into adulthood. Learn how to deal with normal "teenager" puppies and common behavior problems. This course will refresh the basics and provide some fine tuning. PLEASE NOTE: this class does not deal with aggression, so please, no aggressive dogs allowed.

Ages: puppies from 5 -12 months

Day/Time: Sat., 1- 2 PM

Sessions: 03, 04 (6 wks)

Code/Fee: 709704, \$125

Additional Info: Outside in the park, which affords adequate spacing between dog/owner teams and plenty of room to practice. In case of mildly inclement weather, class will proceed. With truly inclement weather we would have to cancel and have a make up class.

Instructor: Chrisiana LaGioia



Lake Grapevine Runners And Walkers Club (LGRAW)

LGRAW (Lake Grapevine Runners and Walkers) is a local non-profit organization dedicated to promoting running, walking and fitness in the Lake Grapevine area. Saturday and Sunday mornings are informal group runs in the Oak Grove Park area. For more information, please visit runnersandwalkers.com

Funscape

It's the Friday night hang-out for 9 to 14 year olds. Test your skills in Tug-of-War, Basketball, Air Hockey and the Dance contest.

Escape to Funscape!

Open Every Friday • 7-11 PM
Grapevine Community Activities Center,
1175 Municipal Way

Admission only \$8

For more information, please call

972.446.6483.

Special Interest

Community First Aid & Safety

This course covers everything in the Community CPR course along with first aid for a variety of conditions including bleeding, injuries to bones, muscles and joints, sudden illness, and heat and cold injuries. Successful participants earn two certificates: American Red Cross (ARC), Community CPR, (valid for two years) and ARC Community First Aid (valid for two years).

Day/Time: Sat., 9 AM-7 PM

Ages: 10 yrs. & up

Fee/Code: \$87*, 709702

Sessions/Dates: 04, Apr. 20
08, Aug. 17

Instructor: ARC Certified Instructor

Babysitter's American Red Cross Certification

A seven-hour babysitting course covering a variety of topics including: preventing accidents and illnesses, basic first aid, reviewing choking procedures, rescue breathing and making professional decisions in babysitting. The class is 90% participation. All participants will receive a babysitting training book the day of class. There will be a 30-minute on campus break for lunch. Please provide your own lunch, snacks and drinks.

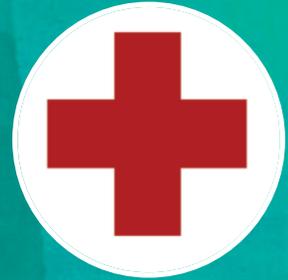
Day/Time: Sat., 9 AM-4 PM

Ages: 11 yrs. & up

Fee/Code: \$75*, 709703

Sessions/Dates: 05, May 18
06, Jun. 15
07-Jul. 13

Instructor: ARC Certified Instructor



*** All ARC class registrations close one week prior to class start date.**

RECREATION

Basic Kayaking

Kayaking is a fast growing and diverse sport. In Basic Kayaking you'll learn six strokes to move your kayak in any direction. Learn safety on the water, how to transport, carry and enter/exit the boat and most important, how to get back in if you fall out! Classes taught by American Canoe Association certified instructors. One instructor to six student ratio. All boats and gear provided.

Site: Meadowmere Park, 3000 Meadowmere Lane

Times: Morning, 10 AM-1 PM
Afternoon, 2-5 PM

Dates/Codes: Saturday Morning Classes

Apr. 20, 707855-10	Jul. 13, 707855-16
May 4, 707855-11	Jul. 27, 707855-17
May 11, 707855-12	Aug. 10, 707855-18
May 25, 707855-13	Aug. 24, 707855-19
Jun. 8, 707855-14	Sept. 14, 707855-20
Jun. 22, 707855-15	Sept. 28, 707855-21

Dates/Codes: Saturday Afternoon Classes

Apr. 20, 707856-10	Jul. 13, 707856-16
May 4, 707856-11	Jul. 27, 707856-17
May 11, 707856-12	Aug. 10, 707856-18
May 25, 707856-13	Aug. 24, 707856-19
Jun. 8, 707856-14	Sept. 14, 707856-20
Jun. 22, 707856-15	Sept. 28, 707856-21

Ages/Fee: 10 yrs. & up. Minors must be accompanied by an adult, \$65

Evening Paddle & Practice

Once the Basic Kayak Class has been completed, students are welcome to join qualified instructors on an easy paced evening paddle every Wednesday evening. See birds, schooling fish (bring a license and fishing pole), and get tips on your paddling technique as we paddle. All attendees must wear a life jacket. Note: If wind is over 15 mph, or storms are eminent, we will cancel. Weather days can be rescheduled for a future session.

Site: Meadowmere Park, Grapevine Lake

Time/Day: 5-8 PM, Wednesdays

Cost/Dates/Codes: \$20 includes boat and gear

May 8, 707857-01	Jun. 5, 707857-05	Jul. 3, 707857-09	Aug. 7, 707857-14	Sept. 4, 707857-18
May 15, 707857-02	Jun. 12, 707857-06	Jul. 10, 707857-10	Aug. 14, 707857-15	Sept. 11, 707857-19
May 22, 707857-03	Jun. 19, 707857-07	Jul. 17, 707857-11	Aug. 21, 707857-16	Sept. 18, 707857-20
May 29, 707857-04	Jun. 26, 707857-08	Jul. 24, 707857-12	Aug. 28, 707857-17	Sept. 25, 707857-21
		Jul. 31, 707857-13		

Cost/Dates/Codes: \$10 if you have your own boat

May 8, 707858-01	Jun. 5, 707858-05	Jul. 3, 707858-09	Aug. 7, 707858-14	Sept. 4, 707858-18
May 15, 707858-02	Jun. 12, 707858-06	Jul. 10, 707858-10	Aug. 14, 707858-15	Sept. 11, 707858-19
May 22, 707858-03	Jun. 19, 707858-07	Jul. 17, 707858-11	Aug. 21, 707858-16	Sept. 18, 707858-20
May 29, 707858-04	Jun. 26, 707858-08	Jul. 24, 707858-12	Aug. 28, 707858-17	Sept. 25, 707858-21
		Jul. 31, 707858-13		

KayakClub-Young Adults

Come out to the lake and get in on four hours of fun! American Canoe Association Certified Instructors will provide instruction and on water games in kayaks. You can come once for the basics or repeat the course and learn new skills each time. We emphasize water safety and progression of skills from beginner to expert, including the Kayak Roll! All boats and gear included.

Class Limit: 10 students/2 instructors

Site: Meadowmere Park, Grapevine Lake

Time/Day: 10 AM-2 PM, Wed.

Dates/Codes:

Jun. 12, 7078545-10	Jul. 17, 707854-15
Jun. 19, 707854-11	Jul. 24, 707854-16
Jun. 26, 707854-12	Jul. 31, 707854-17
Jul. 3, 707854-13	Aug. 7, 707854-18
Jun. 10, 707854-14	Aug. 14, 707854-19

Ages/Fee: 12-17 with waiver signed by parent. \$50 per person

RISE Adventures -

Kicking Off the Summer Bash "An outdoor adventure experience for the physically challenged."

Enjoy the physical, mental and social benefits of weekly recreational programs. Sample the latest in adaptive equipment; water skiing, jet skiing, sailing, kayaking, fishing, hand cycling, remote control sailboats, quad rugby, basketball, face painting, and many more fun activities.

This event is FREE for qualified participants and their families. Complimentary food, beverages and live music will be provided.

RISE Adventures is a non-profit charitable organization. For more information on participation, sponsorship, or volunteering, please visit riseadventures.org or call 469.762.5075.

Day/Date/Time: Sat., May 11, 9 AM-3 PM

Location: Meadowmere Park,
3000 Meadowmere Lane

Grapevine Golf

3800 Fairway Drive

Offering junior and adult programs. Please call 817.410.3377 for more information.

grapevine Tennis

Tournaments

All tournaments will have male and female divisions.

Adult Divisions (Men and Women)

3.0 & Below Singles	711868-11
3.0 & Below Doubles	711869-11
3.5 Singles	711850-11
3.5 Doubles	711851-11
4.0 Singles	711852-11
4.0 Doubles	711853-11
4.5 & Above Singles	711854-11
4.5 & Above Doubles	711855-11
4.0 & Above Mixed Singles	711856-11
4.0 & Below Mixed Doubles	711857-11

Junior Divisions (Boys and Girls)

12 & Under Singles	711860-11
12 & Under Doubles	711861-11
14 & Under Singles	711862-11
14 & Under Doubles	711863-11
16 & Under Singles	711864-11
16 & Under Doubles	711865-11
18 & Under Singles	711866-11
18 & Under Doubles	711867-11
14 & Over Jr. Mixed Doubles	711870-11
14 & Under Jr. Mixed Doubles	711871-11

Date: May 18

Registration Deadline: May 15

Entry Fee: \$18 singles; \$36 double team

Additional Info: Players will get start times on May 17, by visiting TNTennis.net or by calling Kelly Langdon at 817.233.5793.

Venue Alert: The Parks and Recreation Department utilizes many facilities that are not owned and/or managed by the city of Grapevine for practices and games. In some cases after our schedules are set, we may receive notice that a particular facility is no longer available for use. In the event that this occurs and there is a last minute cancellation or change, we will make every attempt to notify each team of the change and reschedule your practice or game.

Tennis Classes-All tennis activities take place at the Dove Park Tennis Courts, 1509 Hood Lane. Students need to bring a racquet and a new can of tennis balls to the first class meeting.

Pee Wee Tennis

Designed to create eye/hand coordination while learning basic techniques.

Ages: 3-6 yrs.

Sessions/Fee: 03, 04, 05, 06, \$34

Day/Time/Code: Sat., 8:30-9 AM, 707740

JR. Beginner

This class is designed for the student interested in learning the technique of each tennis stroke. Each class will be divided by skill level.

Ages: 6-15 yrs.

Sessions/Fee: 03, 04, 05, 06, (6 wks.), \$90

Days/Times/Codes:

Wed., 5:30-6:55 PM, 710251

Sat., 9-10:25 AM, 710750

Jr. Advanced Beginner

This class is designed for advanced beginner/intermediate players wanting to improve their skills.

Sessions/Fee: 03, 04, 05, 06, \$90

Days/Time: Sat., 10:30 AM-12 PM

Code: 707704

JR. Advanced

Designed for the serious student with prior instruction. Strategy, technique and point situations will be stressed.

Ages: 6-15 yrs.

Sessions/Fee: 03, 04, 05, 06, (6 wks.), \$90

Day/Time: Thur., 5:30-6:55 PM

Code: 710550

JR. Intermediate

This class is designed to offer strategy to those players competing at school or in tournaments. Techniques will continue to be developed.

Players must know the scoring system.

Sessions/Fee: 03, 04, 05, 06, (6 wks.), \$90

Day/Time/Code: Tue., 5:30-6:55 PM, 710350

Ages: 6-15 yrs.

NETT Junior Team Tennis-NEW

Designed for players wanting to get involved in NETT junior team tennis. Fees include practices once a week for eight weeks, league fee, and team shirt. Fee does not include UTSA membership. Team tennis matches are on Sundays. Call Austin Wynne at 214.688.1619 for more information or to register.

Age/Time: 7-18 yrs., 5:30-6:55 PM

Days: Thursdays, with matches on Sundays

Fee/Code: \$190 (8 wks), 707200

Session/Dates: 03, Mar. 8- Apr.25

Tournament Tough

This class is designed for high school level players (Jr. Varsity/Varsity). This class will emphasize strategies used in tournament competition (Zats/Champs).

Site: Dove Park, 1509 Hood Lane

Sessions/Fee: 03, 04, 05, 06, (6 wks.), \$90

Day/Time/Code: Tue., 7-8:25 PM, 710351

Wed., 7-8:25 PM, 710352

Thur., 7-8:25 PM, 710353

Package/Fee/Code: Tue., Wed., Thur., \$180, 710354

Adult Classes

Ages: 15 yrs. & up (or high school skill level)

Sessions/Fee: 03, 04, 05, 06, (6 wks.), \$90

Adult Beginner: Designed to teach the basic strokes and techniques. Strategy will be discussed if applicable.

Day/Time/Code: Beg./Wed. (lower courts), 7-8:25 PM, 710252

Adv. Beginner/Intermediate: Designed for players with prior experience. Both technique and strategy will be taught.

Day/Time/Code:

Adv. Beg./Int.: Thur., 7-8:25 PM, 710551

Women

Ages: 18 yrs. & up

Fee: (6 wks.), \$90

Beginner

Days/Times/Sessions/Codes:

Wed., 11 AM-12:30 PM, 710451, 03, 04

Wednesday's class not offered in session 05 and 06

11 AM-12:30 PM, 710652, 03, 04, 05, 06

Adv

Day/Time/Sessions/Code:

Fri. 9:30-11AM, 03, 04, 05, 06, 710650

YOUTH SPORTS

Spring/Summer Youth Basketball League

Registration: Mar. 1-22

Late Registration: Mar. 23-31*

No residency restrictions. First come, first served. Limited space available. *Beginning Mar. 23, a 10% late fee will be added to both individual and team registration.

Game Site/Days: GCISD facilities/Saturdays

Ages: As of Sept. 1, 2012

Divisions:

Boys Indiv. (Division II)

8 & under 612700-12
10 & under 612701-12
12 & under 612702-12
14 & under 612703-12

Girls Indiv. (Division II)

8 & under 612706-12
10 & under 612707-12
12 & under 612708-12
14 & under 612709-12

Boys Team (Division I)

8 & under 612712-12
10 & under 612713-12
12 & under 612714-12
14 & under 612715-12

Girls Team (Division I)

8 & under 612718-12
10 & under 612719-12
12 & under 612720-12
14 & under 612721-12

Fee: \$85/individual* (resident)

\$95/individual* (non-resident)

(individual fee includes jersey)

\$475/team* (resident)

\$495/team* (non-resident)

Coaches' Meeting and Practice Sign-up:

All teams must turn in their roster and a copy of each player's birth certificate at the coach's meeting on Sat., Apr. 13, 9-11 AM, Cross Timbers Middle School, 2301 Pool Road, Grapevine.

Practices begin: Week of Apr. 21, practices will be held at local GCISD facilities Mon.-Thur. Coaches will sign-up for their team's practice site and time.

Season dates: Apr. 27-Jun. 29

Youth Basketball Fall League

Coming in October! Boys and Girls Teams 8 & Under, 10 & Under, 12 & Under, and 14 & Under.

Girls' Spring Youth Volleyball

An introductory program for young girls learning the game in a league setting. You may sign-up individually or bring in your own team. Practice sites are available and league games are on Saturdays.

Registration: Feb. 1-17

Late Registration: Feb. 18-23*

Ages: As of Sept. 1, 2012

Divisions:

Girls' Individual

8 & under 612406-11
10 & under 612400-11
12 & under 612401-11
14 & under 612402-11

Girls' Team

8 & under 612407-11
10 & under 612403-11
12 & under 612404-11
14 & under 612405-11

Fees: \$65-Individual Resident, \$75 (Non-Resident)

\$310-resident team, \$330-non-resident team

*Beginning Feb. 18, a 10% late fee will be added.

Rosters and copy of birth certificates are due at time of Coach's meeting!

Coach's meeting: Sat., Mar. 9, 9:30 AM, Community Activities Center, 1175 Municipal Way

Practices begin: The week of Mar. 10

Season dates: Mar. 23-Apr. 27

Additional Info: Practices will be held at local GCISD facilities Sun.-Thur. Coach's will sign-up for their team's practice site and time at the Coach's meeting. Jerseys are provided for the individual division only. This is a six-week league. For more information, call 817.410.3470 or visit playgrapevine.com.

Girls' Summer Youth Volleyball

Registration: May 22-Jun. 4

Late Registration: Jun. 5-11*

Ages: As of Sept. 1, 2012

Divisions:

Girls' Individual

8 & under 612406-12
10 & under 612400-12
12 & under 612401-12
14 & under 612402-12

Girls' Team

8 & under 612407-12
10 & under 612403-12
12 & under 612404-12
14 & under 612405-12

Fees: \$65-Individual Resident, \$75 (Non-Resident)

\$310-Resident Team \$330-Non-Resident Team

*Beginning Jun. 5, a 10% late fee will be added.

Rosters are due at time of the coach's meeting!

Coach's meeting: Sat., Jun. 15, 9:30 AM, Community Activities Center, 1175 Municipal Way

Practices begin: The week of Jun. 23

Season dates: Jul. 13-Aug. 17

Additional Info: Practices will be held at local GCISD facilities Sun.-Thur. Coaches will sign-up for their team's practice site and time at the Coach's meeting. Jerseys are provided for the individual division only. This is a six-week league. For more information, call 817.410.3470 or visit playgrapevine.com.

Venue Alert:

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Register online at
playgrapevinereg.com

YOUTH SPORTS

GRAPEVINE - COLLEYVILLE YOUTH FOOTBALL AND CHEER
MUSTANG  **PANTHER**

Grapevine/Colleyville Youth Football Association

- Ages are determined as of Aug. 1, 2013.
- 12-yr. olds may participate in tackle football if they attend a school that **does not** provide a football program.
- 4-yr. olds may cheer with Executive Board approval.

Early Registration: (Cheerleading and Football)

The Grapevine Pee Wee Football Association will accept registrations for the 2013 season via mail.

Download the registration form from:

gcyfa.org and mail the completed form with a check for the early registration fee to:

Grapevine/Colleyville Youth Football Association
P.O. Box 707, Colleyville, TX 76034

Make checks payable to GCYFA.

For more information, visit gcyfa.org.

Grapevine Gazelles Track Team

Our mission is to teach boys and girls ages 5 to 18 about track and field. We promote a fun atmosphere in which to train. Access to track meets will allow experience and the thrill of competition and teamwork.

Ages: 5-18 yrs.

Information & Registration:

coachsuperg@gmail.com

Additional Information: This team competes under USATF, AAU, and TAAF rules.

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Grapevine Baseball Softball Association

Recreational Baseball & Softball

Ages 3-18

Select Baseball ages 8-18 yrs. (must attend tryouts and subsequently be selected for a team).

Select Softball ages 10-18 (must attend tryouts and subsequently be selected for a team).

Spring Registration: Online registration will begin in December at gbsa.org. If registering online, please have credit card available. If mailing registration form with a check, mail to GBSA – Registration, P. O. Box 1732, Grapevine, TX 76099.

Fall Registration: Online registration will begin in June at gbsa.org. If registering online, must pay with credit card. If mailing downloaded registration form and check, mail to: GBSA – Registration, P. O. Box 1732, Grapevine, TX 76099.

For more information, please visit gbsa.org or contact us at 817.329.5505.

Sign-up for our mailing list at gbsa.org to be informed of registration dates, select tryouts, rainouts, and other important information.



Register online at
playgrapevinereg.com

Grapevine Youth Wrestling (GYW)

GYW is the newest association in town. Come out and join them during workouts. They practice on Mondays, Tuesdays and Thursdays in the fall and winter.

Site: GCISD Facilities

Days/Time: Mon., Tue. and Thur., 6:30-8 PM

Coach: Leon Leal

Additional Info: For more information, please contact Leon at 214.536.0004 or leon@abbaprofessional.com

Grapevine-Southlake Soccer Association

Recreational Soccer for ages 4-18



Fall Season: Late Aug. through mid-Nov.

Spring Season: Late Feb. through early May

Registration: Jun./Jul. for Fall,
Dec./Jan. for Spring

Additional Info: ggsasoccer.org, 817.410.9950

Soccer is a sport that focuses on teamwork rather than emphasizing individual performance. Grapevine-Southlake Soccer Association promotes recreational soccer, where children of all abilities and experience levels are encouraged to participate. Teams are coached by volunteer parents and may practice one or two evenings per week (depending on age). A minimum of eight games are played each season, mostly on Saturdays.

Soccer Camp Dates/Times

Mar. 11-14, 9-11:30 AM

Jun. 10-13, 9-11:30 AM

Jul. 8-11, 9-11:30 AM

Aug. 5-8, 9-11:30 AM

Site: Oak Grove Park

Fee: \$100

*Register for soccer camps through ggsasoccer.org or by calling 817.410.9950

NEW-GSSA is offering Adult Leagues!

ADULT SPORTS

Men's Basketball

Days/Divisions/Codes:

Mon.	Recreational	611200
Tue.	35 & Over	611300
Wed.	Recreational	611400
Thur.	For Fun	611500

Game Site: Cross Timbers Middle School,
2301 Pool Road

Ages: 16 yrs. & up

– Spring (Section 12)

Registration: Mar. 17-24

Late Registration: Mar. 25-Apr. 1*

Fee Per Team: \$340

Team Packets: Available online Apr. 4,
after 12 PM

Season Dates: Apr. 8-Jun. 20

– Summer (Section 13)

Registration: Jun. 9-16

Late Registration: Jun. 17-24*

Fee Per Team: \$300

Team Packets: Available online Jun. 27,
after 12 PM

Season Dates: Jul. 1-Aug. 22 (7 wk. season)

Register online at
playgrapevinereg.com

Indoor Volleyball (Section 12)

Divisions/Codes:

Mon.-Coed "Competitive",	611204
Wed.-Coed "For Fun",	611404
Thur.-Coed "Recreational",	611504

Site: Cross Timbers Middle School

Ages/Fee: 16 yrs. & up/\$155 per team

Registration: Jan. 27-Feb. 3

Late Registration: Feb. 4-11*

Team Packets: Available online Feb. 14,
after 12 PM

Season Dates: Feb. 18-Apr. 4

Indoor Volleyball (Section 13)-NEW

Ages/Fee: 16 yrs. & up/\$155

Day/Code: Tue., 611204

Division: Tue.-Coed Open, 611204

Site: Cross Timbers Middle School

Registration: Mar. 24-31

Late Registration: Apr. 1-8*

Team Packets: Available online Apr. 11,
after 12 PM

Season Dates: Apr. 15-Jun. 13

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*Late Registration Fee: All adult leagues are subject to a 10% late registration fee.

Softball

Divisions/Codes/Fees:

Sun.	Coed For Fun	611101	\$170
	Men's D	611102	\$320
	Men's E	611104	\$320
	Men's Super D	611105	\$320
Mon.	Coed Rec.	611201	\$320
	Coed Comp.	611202	\$320
Tue.	Men's Church Rec.	611301	\$320
	Men's D	611303	\$320
Wed.	Men's D	611401	\$320
	Men's E	611402	\$320
	Men's Super E	611406	\$320
Thur.	Men's Super D	611501	\$320
	Men's D	611502	\$320
Fri.	Coed Rec.	611600	\$320
	Men's E	611601	\$320

Game Site: Oak Grove Ballfield Complex,
2520 Oak Grove Loop South

Ages: 16 yrs. & up

– Spring (Section 11)

Registration: Jan. 27-Feb. 3

Late Registration: Feb. 4-11*

Team Packets: Available online Feb. 14,
after 12 PM

Season Dates: Feb. 24-Apr. 26

– Summer (Section 12)

Registration: Apr. 14-21

Late Registration: Apr. 22-29*

Team Packets: Available online May 9,
after 12 PM

Season Dates: May 19-Aug. 2

– Fall (Section 13)

Registration: Jul. 14-21

Late Registration: Jul. 22-29*

Team Packets: Available online Aug. 1,
after 12 PM

Season Dates: Aug. 18-Oct. 25

ADULT SPORTS

Flag Football

– Spring 4 on 4 (Section 12)

Registration: Feb. 17-24

Late Registration: Feb. 25-Mar. 4*

Code/Day: 611302, Tue.

Fees: \$235 per team

Team Packets: Available online Mar. 7,
after 12 PM

Season Dates: Mar. 12-Apr. 30

– Spring 8 on 8 (Section 13)

Registration: Feb. 24-Mar. 3

Late Registration: Mar. 4-11*

Day/Code: Sun., 611103

Fees: \$315 per team

Team Packets: Available online Mar. 14,
after 12 PM

Season Dates: Mar. 17-May 19

Sand Volleyball

Days/Divisions/Codes:

Mon.-Coed "Competitive", 611203

Tue.-Coed "Family Fun", 611304

Wed.-Coed "For Fun", 611403

Thur.-Coed "Recreational", 611503

Site: Dove Park Sand Court, 1509 Hood Lane

Ages/Fee: 16 yrs. & up/\$150 per team

– Spring (Section 11)

Registration: Mar. 24-31

Late Registration: Apr. 1-8*

Team Packets: Available online Apr. 11,
after 12 PM

Season Dates: Apr. 15-Jun. 27 (10 wk. season)

– Summer (Section 12)

Registration: Jun. 16-Jun. 23

Late Registration: Jun. 24-Jul. 1*

Team Packets: Available online Jul. 4,
after 12 PM

Season Dates: Jul. 8-Sept. 19 (10 wk. season)

Coed Kickball-NEW

Game Site: Oak Grove Softball,
2700 Dove Loop Lane

Ages: 16 yrs. & up

Days/Divisions/Code:
Mon., Coed Recreational, 611701

– Spring (Section 11)

Registration: Jan. 27-Feb. 3

Late Registration: Feb. 4-11*

Fee: \$320

Team Packets: Available online Feb. 14,
after 12 PM

Season Dates: Feb. 18-Apr. 29

– Summer (Section 12)

Registration: Apr. 14-21

Late Registration: Apr 22-29*

Fee: \$320

Team Packets: Available online May 9,
after 12 PM

Season Dates: May 20-Jul. 29

Adult Athletics Staff: 817.410.3450

Rainout Hotline: 817.410.3475 after 3:30 PM

For schedules and standings:

playgrapevine.com

Registration Information: Space is limited.

First come, first served!

***Late Registration Fee:** All adult leagues are
subject to a 10% late registration fee.

Register online at
playgrapevinereg.com

Spring & Summer Camps

Registration begins Jan. 27

ART CAMPS

Tap into your child's creative side! This series of camps teaches your child a variety of skills and crafts from clay making to decorating edible delights.

Ages: 6-12 yrs.

Day/Date: Mon.-Fri., 2-4 PM

Fee: \$125 (includes supplies)

Additional Info: All students will need to bring a smock, light snack and a drink to class.

Instructor: Elizabeth Mellot

Cake Pops and Cupcakes-NEW

Spend a week creating beautiful and delicious treats. In this camp students will learn basic icing skills and creative decorating techniques. Each day will be filled with designing edible cake pops and cupcakes. Students will get to experiment with creating flavors and crafting edible decorations for their treats.

Dates/Code: Jul. 22-26, 703901-05

Clay Camp

This camp introduces you to the fundamentals of clay working. Using techniques such as a pinch, coil, slab and hand form, you will learn to manipulate and form blocks of clay into functional dishware or personalized sculptures. You will make and glaze a variety of clay pieces including, pots, mugs, figurines, roses and more. Be assured that all glazes are lead-free, food-safe and water-safe.

Dates/Code: Jul. 29-Aug. 2, 703903-06

Sparks Soccer Camp

This exciting sports camp will feature learning and refining soccer skills through fun games and drills. Each day's camp will conclude with a mock game.

Ages: 5-7 yrs. old

Days/Dates: Mon.-Fri., Jun. 3-7

Times/Codes: 8:30-10 AM, 710900-11

Fee: \$75

Location: 1175 Municipal Way, (Field behind CAC)

Instructor: Soccer Sparks Academy

CAC Spring Break Camp

Looking for some fun over Spring Break? Kids will participate in supervised activities such as basketball, dodgeball, scavenger hunts, tournaments and team building exercises. Space is limited.

Ages/Dates: 7-12 yrs., Mar. 11-15,

Fee: \$150

Time/Code: 8 AM-6 PM, 703933-03

Additional Info: Campers must bring a sack lunch. Daily snacks/drinks will be provided. A maximum of six HERO participants are allowed. Campers should not be dropped off before 7:45 AM.

CAC Summer Camp

This is the best way to spend your summer. Campers are led in activities planned for them each week. Campers will be taken on an offsite field trip* twice a month. The three sessions offered coincide with the GCISD summer break. Two classes per session, meet five times per week (M-F). Get ready for the best summer ever!

Ages: 7-12 yrs.

Sessions/Dates/Fees: 06, Jun. 3-28, \$175
07, Jul. 1-31, \$175
08, Aug. 1-23, \$165

Times/Codes: 8 AM-12:30 PM, 703924
1:30-6 PM, 703925

Note: *The field trip cost and camp t-shirt fee is not included in the camp fee. Camp t-shirts are \$8 per shirt and has to be purchased at the time of registration. Camp t-shirts are required to attend field trips. A maximum of three HERO candidates allowed per session. Campers must bring a sack lunch if staying the entire day. Daily snacks and drinks will be provided. Campers should not be dropped off before 7:45 AM.

MAD SCIENCE CAMPS

Ages: 6-10 yrs.

Days: Mon.-Fri.

Times: 9 AM-12 PM, Half Day

Bubbles, Smoke, Explosions!

Have fun with chemistry! Synthesize your own slime. Learn about our solar system and make a comet using everyday items. Have a shocking good time with a Van De Graadd generator and experience lightning first-hand!

Dates/Code: Jun. 10-14, 703913-05

Fee: \$155

Forensics Lab a la CSI-NEW

Children take part in CSI style forensics in this hands-on look at crime scenes. Identify and collect evidence from fingerprints to tracks to trash! Recreate the scene of a crime using clues and detailed observations. Campers will use science to connect the dots and help sniff out the suspects in this hands-on investigation into the science of sleuthing. Take home spy glasses, UV reader and more.

Dates/Code: Jun. 24-28, 703918-05

Fee: \$155

Rocket Ride to Space

Blast-off your knowledge of aerodynamics and flight! This camp is an intense, exciting study on rockets. Campers build their very own rockets and planes. They experiment with different kinds of propulsion systems and they definitely launch and recover rockets! Each day of camp includes activities where campers create amazing things to take home with them.

Dates/Code: Jul. 29-Aug. 2, 703912-06

Fee: \$155

Moving with Science

Discover how science moves the world around you! This camp covers multiple areas of science, from biology, to engineering, to chemistry. Campers build bridges and other structures one day, then build a camera obscura the next. Dissect owl pellets, grow crystal gardens, and so much more! Each day of camp includes activities where campers create amazing things to take home with them.

Dates/Code: Aug 19-23, 703914-06

Fee: \$155

RARE Learning Go-Getter's Summer Enrichment Program 1st to 4th grade

With a strong focus on individualized curriculum in reading, math and science, RARE classes are geared towards giving students a head start in the grade level that they are entering, and helping to prevent summer learning loss.

Ages: 6-9 yrs.

Day/Time: Tue. & Thur., 1-4 PM

Times/Fees/Codes:

1-4 PM, \$185, 709471

1-3 PM or 2-4 PM, \$139, 709472

Dates/Sessions: Jun. 4-27, 06

Jul. 2-30, 07

Aug. 1-22, 08

Additional Info: \$5 supply fee per month payable to the instructor, due first day of each session.

Please bring a snack. For more information or to inquire about our sibling and referral discounts, please call 972.567.1771 or email info@rarelearning.com

Lego Mania

These innovative camps for Lego buffs provide opportunities for the imagination and hands-on learning under the guidance of a certified educator. Over 15 new games, projects and activities not found in stores will be planned and manipulated. "Zillions" of pieces ensure that there is always enough for everyone.

Ages: 5-7 yrs.

Days/Dates: Mon.-Fri., Jul. 22-26

Fee: \$100

Times/Codes: 11:30AM-1:30 PM, 703910-05

Instructor: Fastforward Kids

Lego Logo

Lego Logo brings young technicians into the creative, high-tech engineering environment. Not found in stores, the special kits provide extraordinary opportunities for the hands-on construction. Along with the detailed technical plans to follow, the kit also includes motors, lights, touch sensors, drive chains, special Lego components and more! Under the guidance of a certified educator, the participant will build robots, traffic lights, race cars, 4X4 trucks, cranes, pulleys, levers and more during this energized week of discovery with Lego.

Ages: 8-12 yrs.

Days/Dates: Mon.-Fri., Jul. 22-26

Fee: \$100

Times/Codes: 9-11 AM, 703907-05

2-4 PM, 703911-05

Animation

In this camp, students will learn the basics of animation and digital design. Students who enjoy going to various sites to see fun interactive animations will love this camp. This class will utilize Adobe's award winning animation software in Adobe Flash. Students will create fun interactive animations and even put themselves into animations that they can share with the world.

Ages: 10-17 yrs.

Days/Dates: Mon.-Thur., July 8-11

Time/Code: 9 AM-12 PM, 703922-05

Fee: \$165

Instructor: Youth Tech Inc.

Digital Photography Camp

Digital photography camp by RARE Learning is a specialized program that will introduce the student to the art of photography. Students will have the opportunity to learn about the introductory aspects of digital photography including composition, lighting a subject, use of lenses, and digital editing. Express their creativity by learning to take good photos.

Ages: 9-15 yrs.

Dates/Time/Code: Jul. 22-26, 9 AM-12 PM, 703926-05

Fee: \$145

Instructor: RARE Learning

Film-Making Spring Break Camp

This five day spring break workshop teaches participants digital video filming, digital editing and digital production techniques. It is designed to generate an interest in critical observation and communication by engaging in film making projects. Students will learn on-air confidence, reading skills, writing skills, production/editing skills and computing skills. RARE Learning will offer instruction, supporting materials such as camera, lighting and computer equipment for the camp.

Ages: 9-15 yrs.

Dates/Time/Code:

Mar., 11-15, 9 AM-12 PM, 703934-03

Fee: \$145

Instructor: RARE Learning

Chess Camp with USA Chess-NEW

Campers learn to play chess from an experienced children's chess instructor. Experience chess lessons and play in an environment consisting of chess instruction and competitive play. Instructors use a range of teaching tools including demo boards, computer tutorials, worksheets, stories and historic games to keep class time exciting. The day will consist of two hour-long chess lessons tailored to the ability of the children and on hour of practice to play against other students and instructors. USA chess camps are a perfect way to give the children a fun week of learning chess while challenging their minds!

Ages: 5-15 yrs.

Days/Dates: Mon.-Fri., Jun. 17-21

Times/Codes: 9 AM-12 PM, 703935-05

1-4 PM, 703936-05

Days/Dates: Mon.-Fri., Aug. 5-9

Times/Codes: 9 AM-12 PM, 70391606

1-4 PM, 703917-065

Fee: \$200

Instructor: USA Chess

Video Game Design

This course provides students with a fun, interactive look at the world of mobile video game design and development. Students enrolled in this camp will learn the basics of video game design and produce several different interactive video games to share with friends and family.

Ages: 10-17 yrs.

Days/Dates: Mon.-Thur., July 8-11

Time/Code: 1-4 PM, 703921-05

Days/Dates: Mon.-Thur., July 15-18

Time/Code: 9 AM-12PM, 703923-05

Fee: \$175

Instructor: Youth Tech Inc.

Web Design-NEW

This camp provides an in-depth look at the world of web design and development. Students enrolled in this camp will learn how to build their own website from start to finish using an award winning suite of products. Students will have access to their website with free hosting for one year.

Ages: 10-17 yrs.

Days/Dates: Mon.-Thur., July 15-18

Time/Code: 1-4 PM, 703920-05

Fee: \$165

Instructor: Youth Tech Inc.

972.741.9169

ATKids Adventure Day Camps

Camp	Dates	Times	Ages	Contact	Site	Fee
Spring Break Day Camp	Mar. 11-15	9 AM-4:30 PM	4-13 yrs.	972.741.9169	Meadowmere Park, Grapevine Lake	\$225
Summer Day Camps	Jun. 3-Aug. 23	9 AM-4:30 PM	4-13 yrs.	972.741.9169	Meadowmere Park, Grapevine Lake	\$225 per week

Camp duration is one week, early and late drop-off/pick up available. Fee includes snacks, drinks, materials, t-shirt, cup and photo CD. For registration and more information, visit adventuredaycamps.com or contact Jennifer Petterson at 972.741.9169.

grapevinejuniorsailing.org

Sailing Camps

972.672.4018

Camp	Dates	Times	Ages	Code	Site	Fee
Day Camp for Young Sailors	Jun. 10-21 (two wks.) (M-F)	9 AM-4 PM	7-16 yrs.	703954-10	Scott's Landing Marina, Grapevine Lake	\$475
Day Camp for Young Sailors	Jun. 24-Jul. 5 (two wks.) (M-F) No Camp Jul. 4	9 AM-4 PM	7-16 yrs.	703954-11	Scott's Landing Marina, Grapevine Lake	\$475
Day Camp for Young Sailors	Jul. 8-19 (two wks.) (M-F)	9 AM-4 PM	7-16 yrs.	703954-11	Scott's Landing Marina, Grapevine Lake	\$425

Campers will learn the joy of sailing. We will teach them the basics of how to sail as well as the parts and proper care of a boat. The sessions have been developed to accommodate all levels of students. From beginners with no experience to kids that have taken the camp previously. Campers should bring a U.S. Coast Guard approved life jacket. Register for the July Camp and save. Campers may register for multiple camp sessions.

Race Camp for Optimist Sailors	Jun. 10-21 (two wks.) (M-F)	9 AM-4 PM	7-16 yrs.	703945-11	Scott's Landing Marina, Grapevine Lake	\$475
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Campers will learn the joy of racing sailboats. This camp is for both the beginning and advanced racer using the Optimist Sailboat. Campers should have completed at least one session of the recreational camp prior to attending. The camp is geared towards juniors that want to move into the racing program or who have been on the racing team. Campers will learn the racing rules of sailing, boat speed and basic racing tactics. After successfully completing this camp, campers may join the racing team and will be qualified to participate in the Junior Olympic Event in July. Call for more details.

Race Camp for Laser/420 Sailors	Jun. 24-Jul. 5 (two wks.) (M-F)	9 AM-4 PM	7-16 yrs.	703946-11	Scott's Landing Marina, Grapevine Lake	\$475
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Campers will learn the joy of racing sailboats. This camp is for both the beginning and advanced racer using the Lasers and 420's. Campers should have completed at least one session of the recreational camp prior to attending. The camp is geared towards juniors that want to move into the racing program or who have been on the racing team. Campers will learn the racing rules of sailing, boat speed and basic racing tactics. After successfully completing this camp, campers may join the racing team and will be qualified to participate in the Junior Olympic Event in July. Call for more details.

Spring & Summer Camps

Registration begins Jan. 27

Higher Goals Basketball Camp

Camp	Dates	Time	Age	Code	Site	Fee
Basketball Camp	Jun. 17-21 Jul. 15-19 Aug. 12-16	9 AM-12 PM	7-16 yrs.	603921-11 603921-12 603921-13	GCISD Facilities	\$150

Camp featuring: 11-year NBA player Greg Buckner and former/current professional and college players!

Camp schedule will include: daily detailed work in ball handling, shooting, rebounding, defense and passing. Camp will include daily life skills and basketball 101 sessions. Camp awards distributed!

817.481.2726

Tennis

Camp	Dates	Times	Ages	Code	Site	Fee	Additional Information
Pee Wee	Mon.-Thur.	10 - 10:25 AM	4-7 yrs.	703950	Dove Tennis Courts	\$20	Designed to create eye/hand coordination while learning basic techniques.
Junior Beginner	Mon.-Thur.	10:30 - 11:55 AM	6-15 yrs.	703951	Dove Tennis Courts	\$70	Designed to teach all basic strokes in a fun, easy-to-learn manner.
Junior Beginner Tennis and Swim	Mon.-Thur.	10:30 AM - 1:25 PM	6-15 yrs.	703952	Dove Tennis Courts	\$90	Includes one and a half hours tennis instruction, a half hour lunch and one hour at Dove pool. Bring a sack lunch and swim suit each day.
Junior Adv. Beginner/Intermediate	Mon.-Thur.	8:30 - 9:55 AM	6-15 yrs.	703953	Dove Tennis Courts	\$70	Designed for students with prior instruction. Technique and strategy will be stressed.
Tournament Tough	Mon.-Thur.	8:30 - 9:55 AM	8-18 yrs.	703957	Dove Tennis Courts	\$70	Junior Varsity/Varsity level players
TNT Select	Wed. & Thur. Only	1 -2:30 PM	12-18 yrs.	703960	Dove Tennis Courts	\$35	Varsity level players/Qualified players

Tennis Camp Session Dates:

Session	Dates	Session	Dates
11	Jun. 3-6	16	Jul. 15-18
12	Jun. 10-13	17	Jul. 22-25
13	Jun. 17-20	18	Jul. 29-Aug. 1
14	Jun. 24-27	19	Aug. 5-8
15	Jul. 8-11	20	Aug. 12-15

Note: Any rainouts will be made up on Friday. All tennis students need to bring a racquet and unopened can of balls to the first day of camp.

900 Volleyball Camps

Camp	Dates	Times	Ages	Code	Site	Fee
Volleyball Camp	Aug. 6-9	9-11:30 AM	4th-6th graders	603908-11	GCISD Facilities	\$120
Volleyball Camp	Aug. 6-9	1-3:30 PM	7th & 8th graders	603909-11	GCISD Facilities	\$120

All Players receive a camp t-shirt! Please register prior to July 31, to ensure you receive a camp t-shirt. All-Skills Volleyball Camp. Players will learn/review proper techniques for all-skills needed to be a successful volleyball player. Camp instructors are all IMPACT certified and have played or coached volleyball at the collegiate level. Camp will be fast paced to maximize instruction & reps. Players will be grouped according to age level and skill level. The last hour of each camp will include 6-on-6 play. Parents are encouraged to attend. Players need to bring kneepads, water, and an extra pair of long socks. For more information regarding coaching staff, visit 900vb.com

817.410.3470

Integrity Basketball Camp

playgrapevine.com

Camp	Dates	Times	Ages	Code	Site	Fee	Additional Information
Coed Basketball Camp	Jul. 8-11	1-4 PM	8-11 yrs.	603920-11	CAC 1175 Municipal Way	\$80	Camp Featuring: Brock Pembleton Campers will have fun while learning the game of basketball. Instructors will focus on fundamentals, as well as offensive/defensive skills and strategies. Integrity Characteristics: Discipline, Reliability, Honesty, Determination, Attitude.

BOTANICAL GARDENS

Children's Programs

(All classes taught by the Grapevine Garden Club and city of Grapevine Horticulturist)

Site: Grapevine Botanical Gardens Pewitt Pavilion, 411 Ball Street

Fee/Registration: \$5, Pre-registration is required

A Rose In The Garden

Let's plant miniature roses in special planters that you've decorated! Planters, rose plants and soil provided. This session includes a story time, and a take home garden activity.

Ages: 3-6 yrs. (max.15, min.4)

Day/Date/Time/Code: Tue., Feb. 19, 4-4:45 PM, 304705-02

Fairy and Troll Gardens

Make magic with an enchanting fairy or troll garden. Use your imagination to make an endearing mini garden. This session includes a story time and a live craft activity

Ages: 3-6 yrs. (max.15, min.4)

Day/Date/Time/Code: Tue., Mar. 19, 4-4:45 PM, 304706-03

Crystal Explosion

Learn about molecules and how they form. Find out what precipitation and evaporation mean. Students make a hands-on take home experiment that forms crystals.

Ages: 7 yrs. & up (max.15, min.4)

Day/Date/Time/Code: Tue., Mar. 19, 5-6 PM, 304711-03

Artisan Plant Rooter

Recycling is very important these days. Make a plant rooter complete with plants to root. This session includes a story time.

Ages: 3-6 yrs. (max.15, min.4)

Day/Date/Time/Code: Tue., Apr. 16, 4-4:45 PM, 304707-04

Greenhouse Project

Please join the Grapevine Garden Club in partnering with the City of Grapevine to raise funds, matching funds, and obtain grants to build a greenhouse at the Grapevine Botanical Gardens at Heritage Park. For more information visit grapevinegardenclub.org and click on Greenhouse Project.

Grapevine Garden Club Spring Plant Sale

Come and browse heirloom offerings from member's gardens. With 100's of varieties to choose from, you are sure to find a plant to brighten up your garden. Proceeds go to the Garden Club scholarship program.

Day/Date/Time: Sat., Apr. 20, 8 AM-2 PM

Bloomin' Bouquet

A wonderful activity to lift Mom's (or any special person's) heart! We will decorate a watering can and then we plant it with sweet smelling spring flowers. This session includes a story time and craft activity.

Ages: 3-6 yrs. (max.15, min.4)

Day/Date/Time/Code: Tue., May 28, 4-4:45 PM, 304708-04

A Butterfly's Life

Look at live butterflies and caterpillars through hand lenses, learn about their life cycle, and then create butterfly art. This session includes a story time and craft activity.

Ages: 3-6 yrs. (max.15, min.4)

Day/Date/Time/Code: Tue., Jun. 18, 4-4:45 PM, 304709-05

Insta-Pets

These pets can swim, will stay in their tank, don't get too big, and only have to be fed every couple of weeks. Hatch them and they live for 2-8 months. Students make a hands-on take home experiment that swims upside down.

Ages: 7 yrs. & up (max.15, min.4)

Day/Date/Time: Tue., Jun. 18, 5-6 PM, 304712-05

A Pint-O Sunflowers

Bring your favorite pint sized ice cream container or one will be provided for you. Sunflowers live from seed-to-seed in only one season. We will plant the empty ice cream carton with Sunflower seeds so you can watch them grow. This session includes a story time and craft activity.

Ages: 3-6 yrs. (max.15, min.4)

Day/Date/Time/Code: Tue., Jul. 16, 4-4:45 PM, 304710-06

Ooey Goey Slime

Stretch it! Break it! Bounce it! Learn about molecules, polymer and elasticity. Students make a take home experiment that has a formula for stretch.

Ages: 7 yrs. & up (max.15, min.4)

Day/Date/Time: Tue., Jul. 16, 5-6 PM, 304713-06

National Public Garden Day

Join us as we celebrate the role public gardens play in the community. These gardens are a source of education and information on stewardship of our natural resources. Enjoy activities, seminars, and hands on workshops as well as light refreshments in the beauty of the garden!

Day/Date/Time: Fri., May 10, 10 AM-6 PM

Tour the Garden

Docent led tours of the Garden are available at no charge, however donations are appreciated. Adventure tours can be created for your group to reinforce specific areas of study or achievement programs. For more information, please call 817.410.3350.

Aquatics

Dove Pool

817.410.8140 • 1509 Hood Lane

Admission

Residents \$2, Non-resident \$5

Season Pass

Dove Individual Pass:

Resident \$50, Non-resident \$100 (Access to both pools)

Dove Family Pass:

Resident \$50, Non-resident \$100 (Access to both pools)

Dove Cabana Rentals:

Cabana rentals do not include admission but reserves a "private" covered area with 4 loungers, picnic table w/seating for approx. 8 for 2 hours. \$25 for 2 hours

Private Pool Rentals

Dove Pool

0-75 people, \$400

76-150 people, \$600

Pleasant Glade Pool

817.410.8137 • 1805 Hall Johnson

Admission

Residents \$2, Non-resident \$3

Season Pass

Pleasant Glade Individual Pass:

Resident \$50, Non-resident Pleasant Glade only \$60

Pleasant Glade Family Pass:

Resident \$100, Non-resident Pleasant Glade only \$150

Pleasant Glade Table Reservations:

Table rentals do not include admission but reserves table for approx. 12 people under shaded area. Can request to be near big pool or kids pool. \$25 for 2 hours

Private Pool Rentals

Dove Pool

0-75 people, \$270

76-150 people, \$400

Any parties larger than 150 people need to call Aquatics office for pricing and availability.

Rental Hours:

Friday 7:30-9:30 PM

Saturday 7:30-9:30 PM

Sunday 9:30-11:30 AM or 6:30-8:30 PM

2013 Open Swim Schedule

May

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Jun.

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Jul.

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Aug./Sept.

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
1	2	3	4	5	6	7

 = 10 AM-7 PM

 = 12 PM-5 PM & 7:30 PM-9:30 PM

 = 12 PM-5 PM

 = 1 PM-6 PM

 = 10 AM-6 PM

 = Doggy Dive-In 10 AM-2 PM

Special Events *All special events will be held at both aquatics facilities, unless otherwise noted.*

Event	Days	Time	Admission	
Dive-In Movie <i>(Pleasant Glade Pool only)</i>	Jul. 26	8-10:30 PM	Residents \$5 Non Residents \$7	Float away with movie magic or splash around with friends while enjoying the show on our outdoor big screen.
Doggie Dive-In <i>(Pleasant Glade Pool only)</i>	Sept. 7	10 AM-2 PM	\$5/dog	Bring your dog for a dive! Must register in advance. Please see page 42 for more information.

Aquatics SWIMMING LESSONS

Learn to Swim Office 817.410.3461

Registration Information

Registration begins Sun., Jan. 29, for Grapevine residents. Non-residents may register beginning Sun., Apr. 1. Residents must show proof of residency, such as a driver's license or Grapevine water bill along with a photo ID. See page 48 for details on how to register for classes.

Observation Policy – To ensure your child's success and limit distractions, parents and visitors are required to stay in the designated seating area. Thunder, lightning and/or heavy rain, pool will be cleared for at least 30 minutes. Timer will restart at each occurrence.

Cancellation/Transfer Fee Policy – Due to the high demand for roster spots and scheduling issues, any cancellations or transfers not initiated by Grapevine Aquatics or an instructor will be assessed an \$8 fee.

Regular, Semi-Privates & Private Lessons – No transfers or cancellations one week before class begins for ALL classes.

Swim Lesson Wait List – If the class is full, please ask to be added to the wait list.

How To Register

Step 1: Select pool and level desired (see pages 32-36)

Step 2: Select session dates (see top of pages 33-36)

Step 3: Select time (see pages 33-36)

Step 4: Complete registration form listing class code and session number (see page 48)

Learn To Swim Course Descriptions

Classes are offered Monday-Thursday (make up days are held on Fridays)

LTS Class (2-week session)

Residents: \$42

Non-residents: \$52

Class Info: The level course descriptions below are skills a participant must perform prior to the end of a session to receive certification for that level. Classes are Mon.-Thur. for 30 min./day. In order for class to "make," a minimum of four participants are required. Min: 4 Max: 6 1:6 max ratio

Semi-Private Lessons (2-week session)

Residents: \$67

Non-residents: \$82

Semi-Private Lessons: Smaller class size will allow your child to progress at a faster pace and get more individual attention. Minimum class size: 2 children. Maximum: 3 children. Classes are held Mon.-Thur. for 30 min./day. 1:3 max ratio

Private Lessons (1-week session)

Residents: \$100

Non-residents: \$120

Private Lessons: Receive one-on-one attention to enhance instruction of swimming skills for your child. One-week classes are held Mon.-Thur. for 30 min./day. Private lessons are held at both pools during regular lesson times. See the registration table on page 34.

1 student and 1 instructor

Any rainouts will be made up on Fridays.

Water Babies

Introduces infants, toddlers and their parents to basic water adjustment and safety through repetitive key words, actions and progressive skills. Playful learning has been proven to produce positive experiences in the water and builds a child's self-confidence as well as a solid foundation for expedient progress. Two adults per child max.

Fee: \$25 residents, \$32 non-residents

Level: Water Babies (1 Week, Mon.-Thu.) (0-35 months)

- Bubbles and going under
- Entering and exiting the pool safely
- Parent holding positions
- Floats, kicks and arm strokes

Semi-Private Water Tots (18-35 months)

This class is designed for children already comfortable in the water, ready to transition to a group setting, and comfortable being away from parents for 30 minutes. Small class size will use games and songs to build skills while focusing on safety. This class is NOT for children with no previous water experience, those fearful of water or uncomfortable being away from parents. Parents are not allowed to accompany children to class or be in the water.

Max class size is three children.

Fee: \$67 resident, \$82 non-resident

Water Bugs I (starting at 3 years)

All skills are done with support.

- Water adjustment
- Fully submerge face
- Floats and kicks
- Bubbles

Water Bugs II (3 years and up)

Children are encouraged to work independently.

- Breath control
- Flutter kick
- Glides
- Bobble bounce to the side of pool

Tadpole (Level 1) Intro to Swim Skills

(starting at 4 years)

- Flutter kick 5 feet
- Front and back glide 5 feet
- Front float 5 seconds



Aquatics

SWIMMING LEVELS



Guppy (Level 2) Basic Swim Skills (5-6 years)

- Front glide 10 feet
- Back glide 10 feet
- Swim front crawl 10 feet

Minnow (Level 3) Intermediate Swim Skills (6-7 years)

- Front crawl 15 yards with side breathing
- Backstroke 15 yards
- Breaststroke kick 15 yards

Dolphin (Level 4) Advanced Swim Skills (7-8 years)

- Freestyle 25 yards
- Backstroke 25 yards
- Breaststroke 15 yards
- Butterfly 15 yards

Whale (Level 5) Enhanced Swim Skills (8-9 years)

- Freestyle 50 yards (2 laps)
- Backstroke 50 yards
- Breaststroke 25 yards
- Butterfly 25 yards

Shark (Level 6) Expert Swim Skills (9 years & up)

- Freestyle 100 yards with flip turn
- Backstroke 50 yards with flip turn
- Breaststroke 50 yards
- Butterfly 50 yards

Diving I An introduction to formal diving. We will start with the beginning fundamentals of a knee dive and work up to a springboard dive from the diving board. This class is only offered at Dove Pool due to depth requirements.

Diving II A continuation of diving skills. We introduce flips, twists, pike and tuck dives. Students should already be able to do a springboard dive from the diving board.

Starts, Strokes and Turns

Designed for swim team members and those interested in learning swim team style entries into the water, flip turns, open turns and stroke refinement for faster swimming times. This is not a swim skills class.

Concentration will be on:

- Streamline Body Position
- Stances - Track and Grab Starts
- Parts of the Start - Launch, Dive, Breakout
- Double Leg (Dolphin) Kick

Students must be able to swim a 50 freestyle, 25 backstrokes, 25 butterfly on first day of lessons or completed level 5.

Ages: 8 yrs. & up

Participants: Min. 4, Max. 6

Introduction to Snorkel (2 weeks, Mon.-Thur.)

Parents are invited to register and participate with their child. Perfect for the upcoming vacation or to learn a new skill and have fun. Students will learn how to:

- Clear the mask and snorkel
- Swim with equipment on
- Underwater communication with a buddy
- Entry and exit of the water

Equipment rental is included in class price and may only be used in class.

Ages: 8 yrs. & up

Fee: \$67 resident, \$82 non-resident

Min. 4 **Max.** 6

Jr. Guard (ages 10-14)

Designed to introduce lifeguarding skills and knowledge to advanced swimmers. Participants will be using lifeguard equipment, practicing CPR skills and mock scenarios to prepare for a future of lifeguarding and will receive a student workbook. Please bring a pen, towel and goggles. **Females must wear a one piece swimsuit. This is NOT a lifeguard certification class.**

Prerequisite: Swim 100 freestyle and 100 breaststroke without stopping

Fee: \$70 resident, \$80 non-residents

Learn to Swim/Level Placement Testing-FREE

Days/Dates/Location/Times:

Sat., May 18, Pleasant Glade Pool, 9-11 AM

Swim Lesson Aide (SLA)

Certification

A two-week training experience designed to prepare young swimmers to assist Water Safety instructors in all aspects of swimming lessons. Candidates will focus on stroke and skills practice, administrative duties, equipment management, plus infant and preschool aquatic techniques. For certification, each student is required to be at least 10 years old, pass a Level 4 swim skills test and acquire a minimum of 12 hours of class time. Students are required to attend two of the four swim lessons teach days. After receiving certification, Swim Lesson Aides, age 12-14 are eligible to assist in the LTS program as a volunteer. Those age 15 and older may apply for employment with the city of Grapevine.

Females must wear a one piece swimsuit.

Site/Days: Senior Activities Center (SAC)

Mon. & Tues. (Class Room)

Pleasant Glade Pool, Wed. & Thur.

Dates/Time: May 6, 7, 5:30-7:30 PM

May 8, 9, 5:30-7:30 PM

(Pleasant Glade Pool)

Practice Teaching: May 28-31

Fee: \$42 resident, \$52 non-resident

Code/Session: 531200-10

Water Safety Instructor Certification Class

If you're at least 16 years old and a proficient swimmer, you can become an American Red Cross Water Safety instructor. Learn to teach children and adults to swim, and give water safety presentations to kids and their parents. It's a fun and meaningful job that's in high demand. Plus, Red Cross certification is recognized nationwide so you can work anywhere in the United States.

Once certified, you can apply to work for the city of Grapevine as a WSI. WSI candidates should be able to perform all six basic swimming strokes: freestyle, backstroke, elementary backstroke, sidestroke, butterfly and breaststroke.

Days/Dates/Times:

Mon., Apr. 29-Fri., May 3, 4-8 PM

Sat., May 4, 10 AM-6 PM

Code: 532000-10

Fee: \$175 (includes all material)

Dove Pool

Water Babies (Mom/Dad & Me) Classes are held Mon.-Thurs. for one week. Parent required in pool with child.

Jun. 3-6	Jun. 10-13	Jun. 17-20	Jun. 24-27	Jul. 8-11	Jul. 15-18	Jul. 22-25	Jul. 29-Aug. 1	Aug. 5-8	Aug. 12-15
5:35 PM 510535-1A	5:35 PM 510535-1B	6:45 PM 510645-2A	6:45 PM 510645-2B	6:10 PM 510610-3A	6:10 PM 510610-3B	10:00 PM 510100-4A		6:10 PM 510610-5A	
Level	Session 11 Jun. 3-13	Session 12 Jun. 17-27	Session 13 Jul. 8-18	Session 14 Jul. 22-Aug. 1	Session 15 Aug. 5-Aug. 15				
Semi-Private Water Tots	5:35 PM 518535 6:45 PM 518645	10 AM 518100 5 PM 518500 6:10 PM 518610	5:35 PM 518535 6:10 PM 518610	11:10 AM 518110 5:35 PM 518535					
Semi-Private Preschool Water Bugs	5:35 PM 519535 6:10 PM 519610	10 AM 519100 11:10 AM 519110 5:35 PM 519535 6:45 PM 519645	10 AM 519100 5:35 PM 519535 6:10 PM 519610	10:35 AM 519010 5:00 PM 519500 6:10 PM 519610	5:35 PM 519535 6:10 PM 519610				
Semi-Private Level 1 Tadpole	5 PM 511050 5:35 PM 511535 6:45 PM 511064	10 AM 511100 5:00 PM 511050 5:35 PM 511535 6:45 PM 511064	11:10 AM 511011 5:35 PM 511535 6:45 PM 511064	5:35 PM 511035 6:45 PM 511064	5:35 PM 511535 6:10 PM 511610 6:45 PM 511064				
Semi-Private Level 2 Guppy	5:35 PM 512535 6:10 PM 512610 6:45 PM 512064	10 AM 512100 11:10 AM 512110 5:35 PM 512535 6:45 PM 512064	11:10 AM 512110 5:35 PM 512535 6:45 PM 512064	10:35 AM 512135 5 PM 512050	5:35 PM 512535 6:45 PM 512064				
Semi-Private Level 3 Minnow	5 PM 513050	10 AM 513100 5 PM 513050 6:10 PM 513610	10 AM 513100 5:35 PM 513053 6:10 PM 513610	11:10 AM 513110 6:10 PM 513610	5:35 PM 513053 6:10 PM 513610				
Semi-Private Level 4 Dolphin	5 PM 514050 6:10 PM 514061	10:35 AM 514013 5 PM 514050 6:10 PM 514061	10:35 AM 514013 5:35 PM 514535 6:10 PM 514061	6:10 PM 514061	5:35 PM 514535 6:45 PM 514064				
Semi-Private Level 5 Whale	5:35 PM 515535	11:10 AM 515110 6:10 PM 515061	11:10 AM 515110 5 PM 515500	6:45 PM 515064	6:45 PM 515064				
Semi-Private Level 6 Shark	5 PM 516500	10 AM 516100 10:35 AM 516013 5:35 PM 516053	10:35 AM 516013 6:45 PM 516645	5:35 PM 516053	6:10 PM 516610				
Semi-Private Adult		10:35 AM 517035		6:45 PM 517645					
Preschool Water Bugs I	6:45 PM 519064	10:35 AM 519135 6:10 PM 519061	5 PM 519050						
Preschool Water Bugs II	5 PM 508500	5:35 PM 508535	10:35 AM 508103 6:45 PM 508645	5:35 PM 508535					
Level 1 Tadpole	6:10 PM 511061	11:10 AM 511110 5 PM 511500 6:45 PM 511645	10 AM 511001 6:10 PM 511061	10 AM 511001					

Dove Pool

Level	Session 11 Jun. 3-13	Session 12 Jun. 17-27	Session 13 Jul. 8-18	Session 14 Jul. 22-Aug. 1	Session 15 Aug. 5-Aug.15
Level 2 Guppy	6:45 PM 512645	10:35 AM 512035 5:35 PM 512053	10 AM 512010 6:45 PM 512645	6:10 PM 512061	
Level 3 Minnow	6:10 PM 513061	11:10 AM 513011 6:45 PM 513645	11:10 AM 513011 5 PM 513500	6:45 PM 513645	
Level 4 Dolphin	6:45 PM 514645	10:35 AM 514103 5 PM 514500	6:45 PM 514645	10 AM 514100 5:35 PM 514053	
Level 5 Whale		6:10 PM 515610	10 AM 515010		
Level 6 Shark			5 PM 516050	6:10 PM 516010	
Diving 1		6:10 PM 538610			
Diving II				5:35 PM 538053	
Jr. Guard			10:35 AM 533103	6:10 PM 533610	6:10 PM 533610
Snorkel	6:10 PM 537061		5 PM 537500		

Aquatic Fitness

Deep Water Dynamics

This program offers you overall aerobic fitness, endurance, flexibility and promotes muscle strength. Flotation noodles are provided. Minimal swimming skills and water comfort are needed. You have the option of doing this class in the shallow end of the pool. For all fitness levels.

Water Aerobics/Wellness & Weight Management

Increase flexibility, range of motion and metabolic rate with water exercise. Help eliminate extra pounds, and improve knee and back issues. Learn how to energize and maximize your health in a fun environment. Strength training and abdominal work are included in this workout. For all fitness levels. Swimming skills not necessary.

Aqua Pilates/Power Sculpting

Enjoy the benefits of Pilates in the comfort of the water. Elongate muscles, strengthen your core, power walk and sculpt. Focus on abs, thighs, upper body, balance, flexibility and posture. For all fitness levels. Swimming skills not necessary.

Classes offered at Dove Pool

Class	Time	Session Dates	Days	Fee	Code
Water Aerobics	8-8:50 AM	20: (4 wks) Jun. 10-Jul. 10 No class Jul. 1&3	M, W	\$45	533008
	8-8:50 AM	21: (4 wks) Jul. 15-Aug. 7	M, W	\$45	533008
Aqua Pilates	8-8:45 AM	20: Jun. 8-Jul. 6	Sat.'s	\$30	533009
	8-8:45 AM	20: Jul. 13-Aug. 10	Sat.'s	\$30	533009
Deep Water Dynamics	6:45-7:30 PM	20: (4 wks) Jun. 10-Jul. 10 No class Jul. 1&3	M, W	\$45	532630
		21: (4 wks) Jul. 15-Aug. 7	M, W	\$45	532630

* Bev Gamon and her staff return for another summer of aquatic fitness.

Call Bev at 817.649.SWIM for additional information on evening shallow water classes.

Pleasant Glade Pool

Water Babies (Mom/Dad & Me) Classes are held Mon.-Thurs. for one week. Parent required in pool with child.

Jun. 3-6	Jun. 10-13	Jun. 17-20	Jun. 24-27	Jul. 8-11	Jul. 15-18	Jul. 22-25	Jul.29-Aug. 1	Aug. 5-8	Aug. 12-15
6:45 PM 520645-1A	6:45 PM 520645-1B	6:10 PM 520610-2A	6:10 PM 520610-2B	6:45 PM 520645-3A	6:45 PM 520645-3B		6:10 PM 520610-4B	6:10 PM 520610-5A	

Level	Session 11 Jun. 3-13	Session 12 Jun. 17-27	Session 13 Jul. 8-18	Session 14 Jul. 22-Aug. 1	Session 15 Aug. 5-15
Semi-Private Water Tots	5:35 PM 520053 6:45 PM 520064	11:10 AM 520011 5 PM 520050 5:35 PM 520053 6:45 PM 520064	10:35 AM 520013 6:10 PM 520061	11:10 AM 520011 5 PM 520050 5:35 PM 520053	
Semi-Private Preschool Water Bugs	5 PM 529050 6:10 PM 529610 6:45 PM 529645	10 AM 529010 5:35 PM 529535 6:10 PM 529610 6:45 PM 529645	10 AM 529010 5:00 PM 529050 6:10 PM 529610 6:45 PM 529645	10 AM 529010 10:35 PM 529135 6:45 PM 529645	5:35 PM 529535 6:10 PM 529610 6:45 PM 529645
Semi-Private Levels 1 Tadpole	5 PM 521050 6:10 PM 521610	10:35 AM 521035 11:10 AM 521110 5 PM 521050 6:10 PM 521610	10 AM 521010 5 PM 521050 6:10 PM 521610	10 AM 521010 6:10 PM 521610 6:45 PM 521645	5:35 PM 521535 6:10 PM 521610 6:45 PM 521645
Semi-Private Levels 2 Guppy	5 PM 522050 6:10 PM 522610	10:35 AM 522035 5 PM 522050 6:10 PM 522610 6:45 PM 522645	11:10 AM 522110 5:35 PM 522535 6:45 PM 522645	10 AM 522001 11:10 AM 522110 5:35 PM 522535	6:10 PM 522610 6:45 PM 522645
Semi-Private Levels 3 Minnow	5:35 PM 523535 6:10 PM 523610 6:45 PM 523064	10 AM 523100 10:35 AM 523035 11:10 AM 523110 5 PM 523050 6:10 PM 523610	10 AM 523100 5 PM 523050 5:35 PM 523535 6:45 PM 523064	10:35 AM 523035 5:35 PM 523535 6:10 PM 523610 6:45 PM 523064	6:10 PM 523610
Semi-Private Levels 4 Dolphin	5:35 PM 524535	10:35 AM 524135 11:10 AM 523110 5:35 PM 523535 6:45 PM 523064	10:35 AM 524135 6:10 PM 524610	11:10 AM 524110 5:35 PM 523535 6:45 PM 524064	5:35 PM 524535 6:10 PM 524610
Semi-Private Levels 5 Whale	6:10 PM 525610	10 AM 525100 10:35 AM 523013 6:10 PM 525610	11:10 AM 525110 5:35 PM 525535	10:35 AM 525013 5:35 PM 525535	5:35 PM 525535 6:45 PM 525645
Semi-Private Levels 6 Shark		10 AM 526100 5:35 PM 526535	5:35 PM 526535 6:45 PM 526064	10 AM 526100 6:10 PM 526610	6:10 PM 526610
Semi-Private Adult		6:45 PM 527064		6:45 PM 527064	6:45 PM 527064
Preschool Water Bugs I	5:35 PM 529053 6:45 PM 529064	6:45 PM 529064		10:35 PM 529035	
Preschool Water Bugs II		10:35 AM 528135 6:10 PM 528610	10:35 AM 528135 5:35 PM 528535	6:10 PM 528610	
Level 1 Minnow	5 PM 521500 6:10 PM 521061	5 PM 521500 6:45 PM 521064	11:10 AM 521011 6:45 PM 521064	10:35 AM 521135 6:10 PM 521061	
Level 2 Guppy	5:35 PM 522053	10 AM 522100 11:10 AM 522010 5:35 PM 522053 6:45 PM 522064	10:35 AM 522135 6:10 PM 522061	6:10 PM 522061	

Levels	Session 11 Jun. 3-13	Session 12 Jun. 17-27	Session 13 Jul. 8-18	Session 14 Jul. 22-Aug. 1	Session 15 Aug. 5-15
Level 3 Minnow	6:10 PM 523061	5:35 PM 523005	10:35 AM 523135 6:10 PM 523061	11:10 AM 523010 5 PM 523500	
Level 4 Dolphin	5:35 PM 524053	6:10 PM 524061	11:10 AM 524111 6:45 PM 524645	5:35 PM 524053	
Level 5 Whale	5 PM 525500	5:35 PM 525053	10:35 AM 525135 6:10 PM 525061	10 AM 525010	
Level 6 Shark			5:35 PM 526053	6:45 PM 526645	
Starts, Strokes & Turns		10 AM 527100	10 AM 527100		
Jr. Guard		5 PM 534500	5:35 PM 534535		

Grapevine Gators Swim Team

Practice Site	Days	Regular Workout	Practice Times	Swim Team Fee	Parent Meeting	Code	Additional Info
Pleasant Glade Pool	Mon.-Fri.	13 & up 7-9 AM 11-12 yrs. 7-8 AM 9-10 yrs. 8-8:50 AM 8 & under 8:50-9:30 AM	May 20-Jun. 5 7:30-9 PM *No Practice May 27 Jun. 6 - Reg. Workout Times Begin	\$135 residents \$150 non-residents	May 15 Senior Activities Center	540000-10	Resident registration begins Jan. 28

Regionals Jul. 12, 13, 14 (all attend). * State games Jul. 26, 27, 28, 28 (qualifiers only)

Private Lessons

Mon.-Thur., receive 30 minutes of one-on-one attention each day to enhance instruction of swimming skills for children or adults. Private lessons are offered at both pools throughout the summer.

Registration: To register, refer to these tables, select a time and pool which will give you the class code. Then select a session date, which will give you the session code. (e.g. to take a 5 PM private lesson at Dove, the first session of classes, you would register for is 501500 1-A).

Time	Class Code Dove Pool	Class Code PG Pool
10 AM	501100	502110
10:35 AM	501103	502113
11:10 AM	501110	502011
5 PM	501500	502500
5:35 PM	501535	502535
6:10 PM	501610	502610
6:45 PM	501645	502645

Dates	Session
6/3-6/6	1A
6/10-6/13	1B
6/17-6/20	2A
6/24-6/27	2B
7/8-7/11	3A
7/15-7/18	3B
7/22-7/25	4A
7/29-8/1	4B
8/5-8/8	5A
8/12-8/15	5B

RENTAL FACILITIES

The Parks and Recreation Department offers pavilions and meeting rooms to its citizens for meetings and/or events. There is a minimal charge for the rental of the Bessie Mitchell House and the Merlot Community Room and you must be a Grapevine resident/Grapevine business owner to reserve one of these two facilities. Non-Grapevine residents may reserve the Trawick Pavilion, Meadowmere Park, Jackson Pavilion, Parr Park Pavilion, Vineyards Campground Pavilion, Dove Park Pavilions, Pickering Park Pavilion, Heritage Park Pavilion and Bear Creek Park Pavilion.

Parr Park Pavilion (large)

3010 Parr Lane

Located in Parr Park, this pavilion is ideal for large family and/or corporate gatherings. The pavilion seats up to 100 people and has a barbeque grill. Open space is available for games or other entertainment. Restrooms and Sprayground are within a short walking distance.



Parr Park Pavilion (small)

3010 Parr Lane

Located in Parr Park, this pavilion seats up to 25 people and has access to restrooms, a great playground and Sprayground.



Heritage Park

411 Ball Street

This facility is located next to the Grapevine Botanical Gardens at Heritage Park and is ideal for birthday parties, picnics or small parties. This pavilion has electricity, no barbeque grill and seats 18-24 people.



For more information regarding rental facilities, see page 47 or visit playgrapevine.com. To reserve a facility, please call 817.410.3470.

Grapevine Senior Activities Center

421 Church Street • 817.410.3465 • Fax 817.410.8147

Welcome 55+: The Grapevine Senior Activities Center is supported by the city of Grapevine and is open to any senior, age 55 and over.

Hours of Operation: Monday-Friday: 8 AM-3 PM

Transportation

The Senior Activities Center provides transportation for Grapevine residents to and from the Center, Monday through Friday. Also provided and scheduled by the Center are opportunities for transportation to the bank, post office, grocery shopping, mall shopping and various Center activities and special events. Daily transportation reservations are required by 2 PM the preceding day.

Lunch

Senior Citizen Services of Greater Tarrant County, Inc. provides hot lunches that supply one-third of the RDA at 12 PM, Monday through Friday. For those under 60, the cost of the meal is \$6. For those 60+ and their spouse, the meal is available for a suggested contribution of \$2. Reservations are required 24 hours in advance.

Health and Nutrition Education

Blood pressure checks and educational programs provided by health care professionals. Flu shots offered in October as available. Blood pressure checks provided by Woodridge at Grapevine Health and Rehabilitation.

Senior Movers

This volunteer-based program assists with the medical and dental transportation needs of the local senior population. Riders must be pre-registered, give 48 hours notice of need and require very minimal assistance. For information about this program, please call 817.410.3465.

Friends Of The Grapevine Senior Activities Center (FOGSAC)

Tax deductible donations for this 501(c)3 organization are used to improve technology, to supplement recurring programs and to further educational opportunities for seniors at the Grapevine Senior Activities Center. For more information, please call 817.410.3465.

NETS

The Northeast Transportation Service is operated by Catholic Charities for seniors age 60 and over, the disabled and/or the transportation disadvantaged. Call NETS at 817.336.8714.

Project Cell Phone-911

This project places donated, useable, deactivated cellular phones into the hands of seniors to be used, at no charge, for emergencies only. Cell phones and their chargers may be donated and/or seniors may pick up a cell phone at the Senior Activities Center.

Volunteers

There are many opportunities available to teach classes, provide transportation for medical needs and much more. For more information, please call 817.410.3465.

Field Trips

Supper Club, Culture Club, Museums, Plays, Concerts, Exhibits, Festivals, Shopping, Mall Walking, Early Voting and more are offered. For more information, please call 817.410.3465.

Special Events

Holiday Celebrations, Tournaments, Income Tax Preparation Assistance, Benefits Counseling and more!

Grapevine Senior Citizens Advisory Board

This City Council-appointed Board meets the first Tuesday of each even-numbered month at 3:30 PM to address senior issues in our community. This is an open meeting. Changes or cancellations will be posted on grapevinetexas.gov.

Grapevine Senior Activities Center

CLASS/ACTIVITY

DAY/TIME

AARP Driver Safety (registration required)	1 day class, 1-5 PM - Please call 817.410.3465 for schedule
AARP Income Tax Assistance (Feb. 6– Apr. 10)	Wednesdays, 8:30 AM-1:30 PM
Advisory Council	First Wednesday at 11 AM
Advisory Council Participants Meeting	Following day at 12:30 PM
Bank and Post Office Transportation	First week of each month
Bingo	Tuesdays at 12:45 PM
Birthday Party (reservations required)	First Tuesday of each month at 11:45 AM
Blood Pressure Checks	Tuesdays at 10 AM
Bowling	Tuesdays at 9:45 AM
Card Making	Mondays at 1 PM
Ceramics	Fridays at 10 AM
Chair Exercise	Tuesday-Friday at 9:45 AM
Chorus (call for details)	Thursdays at 10:30 AM
Computers (must pre-register)	Registration: Mar. 11, Aug. 5
Culture Club	June 1, 2013-May 31, 2014
Fraternal Order of Plaid Shirts (FOPS)	Time varies. Please call 817.410.3465 for schedule
Go-Go Girls from Grapevine	Time varies. Please call 817.410.3465 for schedule
Grapevine Shopping (Wal-Mart, Target, etc.)	Wednesdays at 9:45 AM
Grocery Shopping	Wednesdays at 12:45 PM
Hot Breakfast (reservations required – \$3)	Second Wednesday of each month, 8-9:30 AM
Knitting	Wednesdays at 10 AM
Mah Jongg	Mondays at 2 PM
Music Jam	Mondays at 9:30 AM
Oil Painting	Tuesdays at 10 AM-12 PM
Quilting	Wednesdays at 10 AM
SCS Hot Lunches (reservations required; suggested contribution \$2)	Monday-Friday at 12 PM
SilverSneakers®	Mondays & Wednesdays at 1 PM, Fridays at 11 AM
SilverSneakers® YogaStretch	Thursdays at 1 PM
Strength Training (Fee: \$10 per month)	Mondays & Wednesdays from 11-11:30 AM
Supper Club (location varies)	Fourth Saturday of each month (time varies)
Table Games (Bridge, Dominoes, Pinochle, Pool)	Monday-Friday, 8 AM-3 PM excluding Tuesday afternoon
T'ai Chi	Mondays & Fridays at 9:50 AM
Walking	Mon., Thur., Fri. at 9:45 AM, Tue. at 10 AM
Water Aerobics (Jun. 4-Aug. 15)	Tuesdays & Thursdays at 8 AM

Grapevine

Senior Adult Programs

Newsletter: The Grape Affair

Grapevine residents age 55 or older who would like to receive the monthly newsletter by mail, please call 817.410.3465. To receive via email, contact us at pardinfo@grapevinetexas.gov.

SilverSneakers®

Exercises designed to increase muscular strength and endurance and range of motion, resulting in functional improvements in posture, balance, weight transfer activities, coordination, agility, and body awareness. Hand-held weights, elastic tubing with handles, and a ball are offered for resistance, and a chair is used for seated and/or standing support.

Days/Time: Mon. & Wed. at 1 PM
Fri. at 11 AM

SilverSneakers® YogaStretch Your whole body moves through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity.
Day/Time: Thur., 1 PM

Card Making Classes

Make a unique handmade card each week using a variety of techniques.

Day/Time: Mon., 1 PM

Senior Golf Tournament

Date/Time: Thur., Apr. 25, 7:30 AM

Minimum: 20

Fee: \$50 (includes fees, cart, lunch & prizes)

Registration Deadline: Apr. 15

Culture Club

Teaming with Artreach, we offer a variety of trips to symphonies, plays, musicals and concerts. Become a member any time.

Annual Membership:

Jun. 1, 2013-May 31, 2014

Fee: \$10 per year

T'ai Chi-FREE

No-impact exercise combining gentle, fluid movements and thoughtful concentration to create the total mind, body and spirit workout.

Day/Time: Mon. & Fri., 9:50 AM

Oil Painting-FREE

Designed for the novice as well as the advanced artist. Work on independent projects and receive guidance from a qualified teacher.

Day/Time: Tue., 10 AM

Computer Classes

Many topics are covered in classes for the beginner to the advanced.

Registration: Mar. 11, Aug. 5

Walk-Ins: 9 AM-12 PM

Call-Ins: 1-2 PM

Bowling

Join a bowling-for-fun, non-league group. Meet at the SAC; transportation provided to and from Showplace Lanes. Usually, two-three games are played.

Day/Time: Tue., 9:45 AM-12 PM

Cost: \$2.25/game

Senior Water Aerobics-FREE

(Donations accepted)

Site: Dove Pool

Days: Tue., Thur.

Dates/Time: Jun., 4-Aug. 15, 8-8:50 AM
(no classes Jul. 2 & 4)

Winter Meets the Internet-NEW

Dreaming of being published? Learn how to dust those manuscripts off, get them self-published and make money. Bring your wireless laptops or tablets to class.

Day: Thur.

Dates/Time: Mar. 14, 21, 1-3 PM

AARP Tax Aide

AARP certified tax aides help with income tax preparation by appointment only.

Days/Dates/Times:

Wed., Feb. 6-Apr. 10, 8:30 AM-1:30 PM

Senior Strength Training

A great class designed for seniors to help promote bone density, strength, and flexibility. A fun, motivating class with various exercises that will make a difference and are age and multi-level appropriate.

Sitting and standing exercises are used for a fun, healthy, overall workout. Beginners to advanced will enjoy this class.

Days/Time: Mon. & Wed., 11-11:30 AM

Fee: \$10/month

Fraternal Order of Plaid Shirts (FOPS)

Join a group of gentlemen who fraternize once a month and enjoy a variety of tours and lunch.

Days/Time: Varies

Please call 817.410.3465 for schedule.

America's Music Cities with Collette Vacations

This 7-day trip features New Orleans, Memphis and Nashville. Enjoy a walking tour of the French Quarter, a unique cooking demonstration at the New Orleans School of Cooking, a jazz revue, a swamp tour of Honey Island, Graceland, a performance at the Grand Ole Opry, a tour of the historic RCA Studio B and Nashville's Hall of Fame.

Per person rates which include round trip airfare, hotel transfers, and air taxes and surcharges are: double \$2,199; single \$2,749; and triple \$2,169. Cancellation waiver and insurance may be purchased for \$165 per person. A deposit of \$250 is due June 20 to secure your reservation.

Final payment is due August 21. For more information, contact the SAC.

Travel Dates: October 20-27

SPECIAL EVENTS

An Evening in Candy Land 2013 Daddy/Daughter Dance

What could be sweeter than you and your little lady enjoying an evening in CandyLand! Experience all the color and fun this sugary sweet event has to offer. Fathers and daughters are magically transported into a larger-than-life version of the classic board game. Enjoy the adventure from the top of Gumdrop Mountain through Peppermint Forest and into Candy Castle. Dancing, games, limo rides, fun foods and so much more! Many fun photo opportunities will help capture those special moments together that you'll both treasure forever. One night only! Tickets for purchase are available at the Community Activities Center, online at playgrapevine.com or by calling 817.410.3450. Space is limited and the event will sell out. Tickets will not be sold at the door.

Site: Community Activities Center, 1175 Municipal Way

Day/Date: Sat., Feb. 2

Fee: \$15/person on or before Jan. 30; \$18/person beginning Jan. 31

Ages/Time/Code: Daughters 0-7 yrs./4-6 PM/709752-7A

Daughters 8-18 yrs./7-9 PM/709752-7B

NOTE: Tickets will not be sold at the event. Dads with daughters in both age groups may choose to attend either time slot.

Date Knight-A Royal Adventure The 2013 Mother/Son Event

Enjoy an evening where chivalry is king and excitement abounds as you and your little knight in shining armor enjoys an evening of epic adventure! Build priceless memories as you take a walk back in time surrounded by sights and sounds. Experience only the best the Middle Ages has to offer with a grand banquet, dancing, activities, games and contests for your dragon slayer to show his valor. Costumes encouraged and prizes will be awarded. One night only! Tickets for purchase are available at the Community Activities Center, online at playgrapevine.com or by calling 817.410.3450. Space is limited.

Site: Community Activities Center, 1175 Municipal Way

Day/Date: Sat., Feb. 9

Fee: \$10 per person

Time/Code: 7-9 PM/709753-13

38th Annual Easter Egg Hunt at Historic Nash Farm-FREE

Bring your used eyeglasses & sunglasses for the Lions Club to recycle.

Take a trip to the farm this spring for our annual egg hunt. Mr. and Miss. Bunny will be hiding thousands of eggs at Nash Farm for a hopping good time. Special prize eggs will be hidden in each age division. Let our face painters turn you into a bunny and enjoy other activities such as bounce-houses, a petting zoo, hay rides and more. There will be five different hunts by age division. Bring your camera for some great photo opportunities.

Site: Nash Farm, 626 Ball St.

Egg Hunt Divisions/Times: 6-8 yrs./10 AM, 0-3/10:30, 4-5 yrs./11 AM,
9-11 yrs./11:30, All Ages, 12 PM

Day/Date/Time: Sat., Mar. 23, 9:30 AM-12:30 PM

Additional Information: In the event of inclement weather, festivities will be rescheduled for Mar. 30. The "All Age Hunt" at 12 PM is for children that did not participate in their age group hunt that day. Out of respect for others, no "repeat" hunters, please.

Cast for Catfish-FREE

Cast your line into the lake in front of The Church at the Cross for a morning of fishing! Two lakes will be stocked with 500 lbs. of adult-size catfish to give children age 16 and under the opportunity of catching the "big one." Prizes will be awarded to the top fishermen in each age category. Bring your own fishing gear or gear will be provided for you. Refreshments will also be provided.

Site: The Church at the Cross/Memorial Baptist, 3000 William D. Tate Ave.

Day/Date/Time: Sat., Apr. 27, 8-11 AM

Mad Hatter's Mom-N-Me Tea

Set your watch and don't be late for a very fun date for moms and daughters! Follow the little white rabbit to the Mitchell House for our annual Mom-N-Me Tea. Forget your stresses and indulge in a whimsical day of pampering and relaxation with your daughter(s). Our annual Mother's Day tea will be a special time for you and your daughter. Nibble on finger sandwiches and pastries or spend quality time together creating crafts and being "girly". A great way to celebrate Mother's Day! Photos will be available for a small fee.

Day/Date: Sat, May 11

Time/Sessions: 9:30-11 AM (10), 1-2:30PM (11), 3:30-5 PM (12)

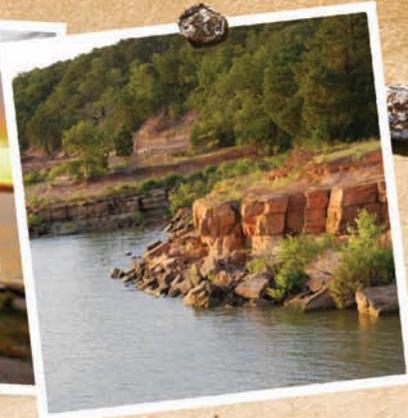
Fee: \$10 per person

Site: Botanical Gardens, 411 Ball St.

Code: 709754

Registration Deadline: May 2

SPECIAL EVENTS



Volunteerism in Grapevine

Grapevine volunteers are great! At last count, volunteers have donated over a million dollars in labor to the city of Grapevine and we are just getting started! Volunteer efforts in Grapevine make a tremendous difference. We could never keep our environment green and pristine without our loyal and hardworking volunteers. Volunteers handle all the detail work that makes our city sparkle. The Grapevine city staff, from the top down, recognizes and sincerely appreciates the impact volunteers make here and will continue to support their efforts wholeheartedly. So, call us with all your volunteer needs. We accommodate groups of any size and almost any day. We've been told, it's a worthwhile experience when partnering with Grapevine. Call 817.410.3490 or email mjtellin@grapevinetexas.gov. Join the movement!

The Vineyards Campground & Cabins on Grapevine Lake-1501 North Dooley Street

The Vineyards one and two bedroom cabins are great for families wanting to camp this year! Our 13 water front rental cabins offer a quiet, relaxing view of outdoor life. Each cabin has a view of Grapevine Lake from their porch, a picnic table, and a fire ring/grill. In addition, the cabins are fully-furnished with linens, stove*, microwave, A/C, heater, bathroom, refrigerator, dishes, cable tv, Wi-Fi and more. Enjoy special weekend events, fishing pier, kayaking, a nature trail, and its own boat ramp.

The Vineyards has just completed an expansion that included adding sewer, additional sites, new cabins, and a camp store. The Vineyards Pavilion is great for church, Scout and family picnics. Visit vineyardscampground.com or call 817.329.8993 for more information. *Excluding duplex unit.

Meadowmere Park-3000 Meadowmere Lane

Meadowmere Park offers numerous primitive camping sites. Reservations allow for two tents and up to six people per site, with plenty of elbow room between sites located right on the lake shoreline. Located on the South shore of Grapevine Lake. This 250 acre park features a designated swim beach, state-of-the-art play structure, picnic shelters, bbq grills, and ample, open space. Please call the park office at 817.488.5272 to make reservations.

Lake Grapevine annual park passes are sold at City Hall, The Vineyards Campground & Cabins and Meadowmere Park. These annual passes are great gifts.

Rockledge Park-3600 Pilot Point

Best sunset viewing park on the lake. Also great for watching Friday night and July 4 fireworks.

Fee: \$5 car entrance fee

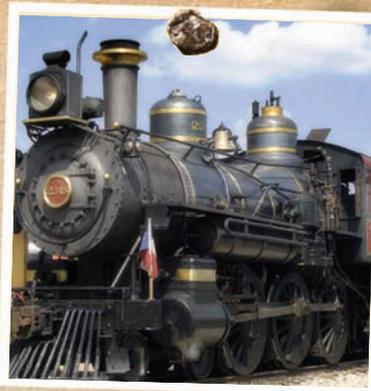
Doggie Dive-In

Back by popular demand. Bring your dog for a dive at the 4th Annual Doggie Dive-In. Join other playful pooches at their very own pool party! Play around with your pup in the kiddie pool or let them show off their swimming and diving skills in the competition pool. Participate in one or more of the fun and exciting contests including distance diving, swimming contest and the fabulous swimsuit competition. Advanced registration suggested. Proof of vaccination required. Registration begins Jan. 30. Two dogs per person allowed. Space is limited.

Site: Pleasant Glade Pool

Date/Time/Fee/Code: Sept. 7, 10 AM-2 PM, \$5/dog, 509700-06





Grapevine Vintage Railroad

Cotton Belt Depot, 705 S. Main St.

Ride the rails for a family-friendly vintage railroad experience for the entire family. Special events include *Spring Fling Trains – March 11-17*; *Easter Trains - March 30 & 31*; *Train Robberies – from Memorial Day Weekend to Labor Day Weekend*. Visit gvrr.com for more details.

Nash Farm Activities & Events

Nash Farm, 626 Ball St.

Enjoy old-fashioned family fun at the farm! For more details visit: nashfarm.org.

Feb. 9 – Bread Making; 10 AM-12 PM

March 15 – Tales at Twilight; 5-7 PM

April 20 – 12th Annual Spring Into Nash Farm; 10 AM-2 PM

May 11 – Produce Canning; 10 AM-12 PM

June 22 – Dairy Days; 10 AM-12 PM

July 6 – Farmhand's Social; 6-8 PM

Grapevine Wine Trail

Historic Downtown Grapevine

Along the wine trail, guests will taste three varieties of wines from each winery and enjoy food compliments. Trail departs at Cross Timbers Winery, 805 N. Main St. Must be 21 and over. For more details visit grapevinewinetrail.com.

Sweetheart Wine Trail - February 9 & 10; 11 AM-5 PM

Reds, White's & You Wine Trail - June 29; 11 AM-5 PM

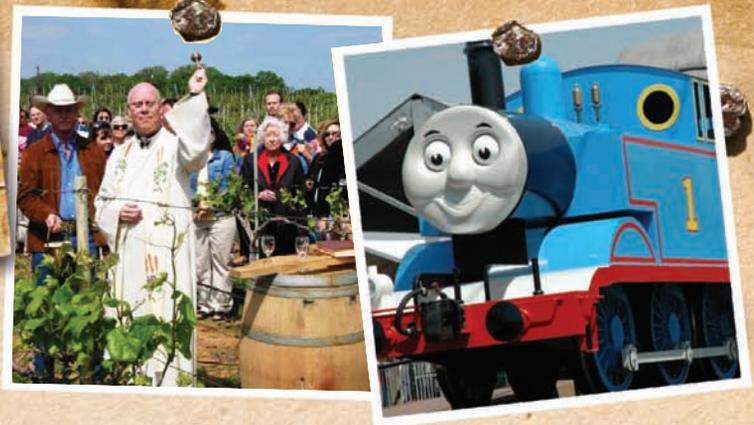
Grapevine Opry

Palace Theatre, 300 S. Main St. - most Saturday nights – 7:30 PM

The Grapevine Opry is one of the premier live country music shows in the nation performing a variety of musical shows and tributes to music legends such as Johnny Cash, George Strait to Patsy Cline. All shows subject to change. Call 817.481.8733 or visit gvopry.com for updated show and ticket information.



SPECIAL EVENTS



Palace Theatre

300 S. Main St.

First Friday Film Series; First Friday of each month at 7:30 PM. \$5 per person.

Visit [palace-theatre](http://palace-theatre.com) for more details.

February 22 – Zack King 4th Annual Concert, 7:30 PM

April 12-13 – New Vintage Art Show

Grapevine Farmers Market

Town Square Gazebo, 325 S. Main St.

Thursdays, Fridays & Saturdays; March 21 through Oct. 19; 8 AM to 4 PM.

Enjoy locally-grown produce from local, regional and Texas farmers. For produce information, visit farmersmarketofgrapevine.com.

Jazz Wine Trains

Cotton Belt Depot, 705 S. Main St.

March 22 & 23; 6:30 PM

Enjoy jazz music, delicious food and new release Grapevine wines on board a historic train. Train returns approximately 9:30 PM. \$55 per person.

Must be 21 and over. Visit gvrr.com for more details.

9th Annual ChocolateFest

Evening of Chocolate & Wine

April 5; 7-10 PM – Delaney Vineyards, 2000 Champagne Blvd.

April 6; 10:30 AM -3:30 PM – Palace Arts Center; 300 S. Main St.

Sample rich and delectable confectionaries from some of the finest chocolatiers in North Texas. Visit chocolatefestgrapevine.org for more details.

Grapevine Market

Liberty Park, 215 S. Main St.

Thursdays & Saturdays; April 13 through Oct. 19; 9 AM-2 PM

Come experience open air, European-style shopping in Historic Downtown Grapevine.

Day Out With Thomas™

Cotton Belt Depot, 705 S. Main St., April 12, 13, 14, 19, 20 & 21

This annual event is anticipated by kids of all ages. With Thomas and Friends, children enter a world of imagination through the tracks of a train and the words of a story. Visit gvrr.com for more details.

21st Annual Blessing of the Vines and New Vintage Wine & Gallery Trail

Delaney Vineyards, 2000 Champagne Blvd., and Historic

Downtown Grapevine

April 13; 11AM-5 PM

Take part in the Blessing of the Vines, a centuries-old European ceremony to ensure robust vines and savory grapes. A complimentary wine tasting with live entertainment will follow. Then, enjoy the New Vintage Wine & Gallery Trail to experience first-hand the many unique wine tasting rooms in Grapevine. Visit GrapevineTexasUSA.com for more details.





29th Annual Main Street Days™

Historic Downtown Grapevine, May 17, 18 & 19

Enjoy the international wines, craft beers and pizza pies. Dance to non-stop entertainment, seek out your favorite festival food and shop the day away. Main Street Days is a fun-filled festival perfect for the entire family. For more details, visit GrapevineTexasUSA.com

5th Annual SummerBlast Friday Night Fireworks

Over Lake Grapevine

May 24-August 30, 9:30 PM

Grapevine presents a firework spectacular every Friday night starting Memorial Day weekend through Labor Day weekend.

SummerBlast

*All summer, from Memorial Day weekend through Labor Day weekend
May 24-September 2*

From weekly fireworks, summer markets and festivals to Grapevine Lake and amazing hotel offerings, Grapevine truly is the premier summer destination of North Texas. Visit GrapevineTexasUSA.com/Summer for more details.

31st Annual Fireworks Extravaganza Over Grapevine Lake

Grapevine Lake - July 4; 9:30 PM

Independence Day wouldn't be complete without a colorful fireworks extravaganza over Grapevine Lake. The fireworks will be launched off the shores of Oak Grove Park at 9:30 PM, but the blasts can be viewed from any lakeside location.

Grapevine Convention Center

1209 S. Main St.

A variety of shows for the entire family. For a full list of shows, visit GrapevineConventionCenter.com or call 817.410.3459 for more details.

*All shows subject to change. For more information about Grapevine special events and festivals, please call 817.410.3185 or visit GrapevineTexasUSA.com.



COMMUNITY ACTIVITIES CENTER

1175 MUNICIPAL WAY • 817.410.3450

The Community Activities Center offers many leisure opportunities for the citizens of Grapevine through its amenities, programs and activities, promoting fitness, wellness and a higher quality of life. The Center offers two full-sized gymnasiums, two racquetball courts, a weight/cardiovascular room, locker rooms with showers, jogging track, class/meeting rooms and a game room. All family members five years of age and older must purchase yearly membership ID cards to use the Center. Before purchasing or renewing a resident or Grapevine business owner membership ID card, residents must provide proof of residency and business owners must provide a DBA certificate and documentation showing the business physical address.

Facility Hours

Monday-Thursday5:30 AM-10 PM
Friday 5:30 AM-7 PM
Saturday 9 AM-7 PM
Sunday 1-6 PM
Easter, Sun., Mar. 31Closed
Memorial Day, Mon., May 279 AM-7 PM
Independence Day, Thurs., Jul. 4Closed

Gymnasiums

Drop-in Basketball/Volleyball will be available during designated times. Organized practices are not permitted (excluding reservations). During free play, junior or official size basketballs and official size volleyballs may be checked out with a membership ID at the front desk.

Racquetball

Drop-in play is on a first-come, first-served basis. Both North and South racquetball courts are available for one-hour reservations at \$4 per hour. The North court will be used as a challenge court during posted times.

Members may reserve courts in person or via phone (817.410.3450). Reservations must be made at least two hours in advance, but no more than two days in advance. Members must complete their first reservation before making another reservation.

Members 12 years of age and under must be with an adult on the court. Racquets, goggles and balls are available to check out at the front desk.

Annual Membership Fees

Grapevine Resident/Business Owner
..... \$35 per year
Resident Family \$85 per year
Guest Pass, with member. \$5 daily
Only one guest per member, per visit.

Mandatory

(Children 9 yrs. of age and under must always be accompanied by an adult.)

Children's Activities Center

Quality supervision and activities for children. Age-appropriate, physical and intellectually stimulating activities will be offered. Parent must remain in the building. Reservations may be made three days in advance.

Hours: Mon.-Fri.

8:30 AM-12:30 PM

Ages: 3 mo.-6 yrs.

Fees: \$20/ten visits, CAC members & residents
\$30/ten visits, non-residents (advance reservations required).

Weight/Cardiovascular Room

The Grapevine Community Activities Center offers Hoist weight equipment, functional trainer, free weight benches, a Smith machine, dumb bells, top-of-the-line Precor stationary bicycles, stair climbers, elliptical trainers and treadmills are available for use by individuals 16 years of age and older. Individuals 13-15 years of age may use the weight room if accompanied by an adult. Children age 12 and under are not allowed access to the fitness room. No sports bras, bare midriffs or any other clothing that exposes the torso will be allowed in the fitness room. Our Cardio Theater System is designed to enhance your exercise experience. Personal training is available. No outside personal trainers receiving compensation for services are permitted.

It is not necessary to be a member of the Community Activities Center to register for Parks & Recreation programs.

H.E.R.O.

FINANCIAL ASSISTANCE PROGRAM

The H.E.R.O. Assistance Program (Helping Everyone enjoy Recreational Opportunities) assists Grapevine citizens of all ages participate in city-sponsored recreation programs that they are unable to afford. For more information please call 817.410.3470.

WAITING LIST

If the class/program you desire has already filled, staff will return your fee and keep your registration form. You will be notified if a space becomes available or a new class is formed. Program openings will be filled on a first-come, first-served basis from the waiting list.

Register Early!

REGISTRATION FEES

Fees may be paid by cash, check, Mastercard, Visa, or money order at time of registration. Make checks payable to the city of Grapevine. Returned checks will be subject to a \$20 charge. All program fees are regulated according to the cost of the instructor, supplies and minimum class enrollment. Some programs may require additional fees or supplies. No programs are held on holidays recognized by Grapevine Parks and Recreation. All fees collected, support and finance these programs.

POLICIES

REFUNDS

Your satisfaction is important to us! If you are not completely satisfied with your class, please notify us. The following are general guidelines for refunds:

- 1) A refund may be prorated dependent upon the date of the request. Refunds must be requested prior to the midpoint of that session.
- 2) All requests for refunds will be reviewed by staff.
- 3) A Refund Request Form must be completed in person or with a staff member via telephone. Forms may be obtained at the Community Activities Center.
- 4) Refunds will be refunded back to the credit card charged and applied to the household account for future use, or processed and a check returned. No cash refunds.

CANCELLATIONS

All programs must have a minimum number of participants in order to be conducted. If a program does not meet this minimum, no later than 48 hours prior to the program start date, the class may cancel/combine or make any revisions necessary. A full refund will be processed and mailed. Please allow 3-weeks for refund.

PLAYER'S NOTICE

Participants must recognize that all classes/activities of a physical nature involve some risk, and by registering for a class/activity of this nature there is an assumption of risk by the participant. The City of Grapevine Parks & Recreation Department is dedicated to providing safe facilities and equipment for all participants, as well as qualified staff and instructors. Every effort is made to ensure the safety of the participants and to provide them with first-class leisure activities, facilities and parks. In the event of a serious accident or illness, it is the policy of the City of Grapevine to:

- 1) contact Grapevine Fire Department Emergency Services to perform first aid, and when necessary, recommend transportation to a hospital;
- 2) reach the parent and/or legal guardian as soon as the situation allows.

PARK FACILITY — RESERVATIONS

Grapevine residents and non-residents may reserve outdoor pavilions at Parr Park, Dove Park, Bear Creek Park and Pickering Park. Trawick, Jackson and Vineyards Pavilions are on Lake Grapevine and accommodate large parties. For indoor facilities, the Bessie Mitchell Meeting Facility and Merlot Community Rooms are available for Grapevine residents and businesses only. For information on these facilities, please call 817.410.3470.

PRICES ARE AS FOLLOWS:

Weddings at Botanical Gardens

\$400/3 hrs. (Grapevine residents only)

Grapevine residents (only) may reserve their wedding at the Botanical Gardens in Heritage Park. For more information, please call 817.410.3470.

Small Park Pavilions

Dove Park Pavilion - North

(residents) \$30/3 hrs. (\$10 each additional hr.)

(non-residents) \$40/3 hrs. (\$15 each additional hr.)

Dove Park Pavilion - South

(residents) \$30/3 hrs. (\$10 each additional hr.)

(non-residents) \$40/3 hrs. (\$15 each additional hr.)

Heritage Park Pavilion

(residents) \$30/3 hrs. (\$10 each additional hr.)

(non-residents) \$40/3 hrs. (\$15 each additional hr.)

Bear Creek Pavilion

(residents) \$30/3 hrs. (\$10 each additional hr.)

(non-residents) \$40/3 hrs. (\$15 each additional hr.)

Sprayground Cabanas

3 at Dove Park (A, B, C)

1 at Parr Park

(residents) \$30/3 hrs. (\$10 each additional hr.)

(non-residents) \$40/3 hrs. (\$15 each additional hr.)

Large Park Pavilions

Parr Park Pavilion

(residents) \$100/3 hrs. (\$20 each additional hr.)

(non-residents) \$150/3 hrs. (\$25 each additional hr.)

Pickering Park Pavilion

(residents) \$100/3 hrs. (\$20 each additional hr.)

(non-residents) \$150/3 hrs. (\$25 each additional hr.)

Lake Park Pavilions

Trawick Pavilion (Grapevine residents) \$330/day

(non-residents Mon.-Thur.) \$330/day

(non-residents Fri., Sat., Sun.) \$370/day

Jackson Pavilion (Grapevine residents) \$330/day

(non-residents Mon.-Thur.) \$330/day

(non-residents Fri., Sat., Sun.) \$370/day

For the Jackson, Trawick, Meadowmere and Vineyards Campground Pavilions, all paid reservations canceled prior to 14 days from date of event, will have a \$25 cancellation fee. Any cancellations within 14 days of the rental, will have a \$100 cancellation fee. This is a cancellation for any reason, including weather. Rain checks accepted.

Meadowmere Park Pavilion

Mar. 1-Sept. 30 Rates (Grapevine residents) \$250/day

(non-residents) \$300/day

Please call 817.410.3470 for AM and PM Rates.

Vineyards Pavilion (Grapevine residents) \$230/day

(non-residents Mon.-Thur.) \$230/day

(non-residents Fri., Sat., Sun.) \$250/day

Indoor Rental Facilities

*Bessie Mitchell Facility \$100/2 hr.

(Grapevine residents only) \$50 each additional hr.

*Merlot Community Room \$100/2hr.

(Grapevine residents only) \$50 each additional hr.

For The Vineyards Campground & Cabins reservations, please call 817.329.8993.

* Rates subject to change per City Council approval.

E-Z REGISTRATION

REGISTRATIONS WILL BE PROCESSED ON A FIRST-COME, FIRST SERVE BASIS,
NO EARLY REGISTRATION WILL BE ACCEPTED. SEE REGISTRATION DATES ON PAGE 40.

ON-LINE REGISTRATION is now available on-line at www.gvpard.com. You must have a user ID and password, which may be obtained at the Community Activities Center. Visa or MasterCard required for payment. Due to fee structure, some classes may not be available on-line. Due to fees not being discounted on-line, HERO recipients cannot register via the internet.

PHONE-IN REGISTRATION is available for households that have previously registered for Parks and Recreation programs and are therefore already in our computer system. Payment must be made with Visa or MasterCard. Memberships may not be processed over the phone. Please have your Playbook and credit card available to expedite registration. Please call 817.410.3450 for phone-in registrations.

FAX-IN REGISTRATION Please fax completed registration form to 817.410.3095. Include Visa or MasterCard number and expiration date. Available 24 hours a day. Please call 817.410.3470 for confirmation that fax was received.

DROP-OFF REGISTRATION is available 24 hours a day in the Community Activities Center drop box, located to the left of the front doors. Include registration form and payment in a sealed envelope marked "Playbook." Registrations will be processed the following business day.

MAIL-IN REGISTRATION must be received prior to the last day of registration unless otherwise stated. Please mail the completed registration form and payment to:
"Playbook"
P.O. Box 95104 • Grapevine, TX 76099

WALK-IN REGISTRATION will be accepted at the Community Activities Center. See page 38 for hours of operation. (See "Drop-Off" instructions for your convenience.)

PARKS:

911 Plaza
Austin Oaks Park
Banyan Park
Bear Creek Park
Bellaire Park
Big Bear Creek Nature Preserve
Botanical Gardens at Heritage Park
Cannon Elementary
C.J. Hutchins Park
Cluck Park
Community Activities Center
Convention Center/Library
Cross Timbers Middle School
Dove Park, Pool, Sprayground
Dove Crossing Park
Dove Elementary
Faith Christian
Glade Crossing Park
Glade Landing Park
Hazy Meadows Park
Heritage Center
Heritage Park
Heritage Elementary
Highpoint Park
Horseshoe Trails Park
In-Line Hockey Facility
Jackson Pavilion

ADDRESSES:

2 Texan Trail
528 Austin Creek Drive
350 Banyan Drive
3230 S. State Hwy 360
1004 Pine Street
3010 Parr Lane
411 Ball Street
1300 W. College
1201 Cable Creek Drive
312 Central Drive
1175 Municipal Way
1201 Municipal Way
2301 Pool Road
1509 Hood Lane
1701 Stoneway Drive
1932 Dove Road
730 E. Worth
512 Westbury Drive
5201 Brettenmeadow Drive
4300 Hazy Meadows Drive
701 S. Main Street
200 Ball Street
4500 Heritage Road
4121 Freeport Parkway
2099 Hood Lane
240 E. Nash
3501 Pavilion Place

Katie's Woods Park
Lakeview Park
Liberty Park
Meadowmere Park
Meadowmere Soccer
Oak Grove Ballfield Complex
Oak Grove Soccer Complex
Oak Grove Softball Complex
Oak Ridge Park
Parkwood Park
Parr Park & Sprayground
Pecan Park
Pickering Park
Pleasant Glade Pool
Rockledge Park
Senior Activities Center
Shadow Glen Park
Silverlake Elementary
Sunshine Harbor Park
The Vineyards Campground & Cabins
Timberline Elementary
Town Square
Trawick Pavilion
Wall-Farrar Park
Yorkshire Meadows Park

1700 Katie's Woods Drive
3850 Lakeview Drive
215 S. Main Street
3000 Meadowmere Lane
3295 Perch Lane West
2520 Oak Grove Loop South
1299 Oak Grove Loop North
2700 Dove Loop Road
2590 Juniper Lane
1901 Woodcreek Drive
3010 Parr Lane
4200 Halmont Drive
1901 Kimball Road
1805 Hall-Johnson
3600 Pilot Point
421 S. Church Street
1815 Altacrest Drive
1351 N. Dooley
821 Dawn Lane
1501 N. Dooley Street
3220 Timberline Road
325 S. Main Street
2700 Darren G. Medlin Trail
W.D. Tate & State Hwy 360
2710 Whitby Lane

PROGRAM INDEX

ADULT SPORTS

Coed Kickball	Page 24
Flag Football	Page 24
Indoor Volleyball	Page 23
Men's Basketball	Page 23
Sand Volleyball	Page 24
Softball	Page 23

AQUATICS PROGRAMS

Aquatic Fitness	Page 34
Swim Team	Page 35
Swimming Lessons	Pages 30-36
Open Swim Schedule	Page 30

BOTANICAL GARDENS

Children's Programs	Page 29
Introductory Photography	Page 28
National Public Gardens Day	Page 29

FINE ARTS

Adult Ballet & Jazz-NEW	Page 14
Advanced Art Class	Page 14
Beginner Piano Class-NEW	Page 14
Drawing & Pastels	Page 14
Paint Along-New	Page 14
Private Piano Lessons-New	Page 14

HEALTH & FITNESS

Beginner Yoga	Page 11
Camp Coleman	Page 13
Camp Gladiator Fitness Camps	Page 10
Cyclelates	Page 11
Coleman Cross Training	Page 13
Cooking Nutrition for Health & Fitness-NEW	Page 12
Coleman Speed & Agility Camp-NEW	Page 13
Core Therapy	Page 11
Early Bird Fit	Page 12
Fit 4 Kids Camp	Page 12
FitCarlyle Fitness Pass	Page 11
FitCarlyle Trainers Choice	Page 12
Fit Carlyle Wellness-NEW	Page 12
Indoor Cycling	Page 11
Intro to Pilates	Page 11
Jazzercise	Page 9
Legends Martial Arts	Page 10
Lil' Legends Pre-K Karate	Page 10
Lunch Time Quick Fit-NEW	Page 12
Maximum Fusion	Page 12
Men's Pickup Basketball	Page 10
Personal Training	Page 8
Pilates II, III	Page 11
Pilates Sculpt-NEW	Page 11
Private Yoga-NEW	Page 13
Racquetball	Page 13
Strength, Stretch & Flex	Page 12
Strength, Stretch & Powerblast Plus	Page 12
Stress Reduction Program	Page 13
Stroller Strides	Page 10
Tae Kwon Do/Hapkido	Page 10
Ultimate Boot Camp	Page 11
Ultimate Fitness Camp	Page 12
Unlimited Beginner Yoga	Page 11
White Belt Karate	Page 10
Zumba Fitness	Page 10

PRE-SCHOOL

Arty Animals Camp-NEW	Page 4
Big Abakadoodle Circus Camp-NEW	Page 4
Dance	Page 6
Early Learner's Day Out	Page 5
Kreative Kids	Page 4
Let's Get Grooving-NEW	Page 4
Lil' Chefs	Page 4
Paint Me a Story Art Camp	Page 4
Pee Wee Basketball	Page 5
Pre-K Summer Camp	Page 4
Preschool Playtime at the CAC	Page 5
Preschool Play Time	Page 5
Pre-School Gymnastics	Page 6
Soccer Skills Academy	Page 5
Spanish Language	Page 5
Sporties for Shorties	Page 6
Tumbling for Tots	Page 6
Wild, Wild West Art Camp-NEW	Page 4

RECREATION

Basic Kayaking	Page 19
Evening Paddle & Practice	Page 19
Grapevine Golf	Page 19
Grapevine Tennis	Page 20
Tennis Classes	
Tournament Listings	
Tournament Tough	
Kayak Club Young Adults	Page 19
RISE Adventures	Page 19

RENTAL FACILITIES

Page 37

SENIOR ADULTS

Activities Schedule	Page 39
Games, Clubs and Activities	Page 40
Senior Activities Center	Page 38

SPECIAL EVENTS

9th Annual ChocolateFest	Page 44
10th Annual Spring Into Nash Farm	Page 43
21st Annual Blessing of the Vines	Page 44
29th Annual Main Street Days™	Page 45
31st Annual Fireworks Extravaganza over Lake Grapevine	Page 45
38th Annual Easter Egg Hunt at Historic Nash Farm	Page 41
Cast for Catfish	Page 41
Convention Center	Page 45
Daddy/Daughter Dance	
An Evening in Candy Land	Page 41
Day Out with Thomas™	Page 44
Doggie Dive-In	Page 42
Friday Night Fireworks	Page 45
Grapevine Farmers Market	Page 44
Grapevine Market	Page 44
Grapevine Opry	Page 43
Grapevine Vintage Railroad	Page 43
Grapevine Wine Trail	Page 43
Independence Day Train	Page 44
Jazz Wine Train	Page 44
Mad Hatter's Mom-n-Me Tea	Page 41
Meadowmere Park	Page 42
Mother/Son Event-Date Knight	Page 41
Mother's Day Train	Page 43
Movies at the Historic Palace Theatre	Page 44

SPECIAL EVENTS (continued)

Nash Farm Activities	Page 43
Palace Theatre	Page 44
Rockledge Park	Page 42
SummerBlast	Page 45
Vineyards Campground	Page 42
Volunteerism in Grapevine	Page 42

SPECIAL INTEREST

Adult Dance	Page 15
American Red Cross Programs	Page 18
Community CPR	
Babysitter's ARC Certification	Page 18
Backyard Beauty	Page 15
Clogging	Page 15
Community First Aid & Safety	Page 18
Defensive Driving	Page 15
Funscape	Page 17
Getting Paid to Talk	Page 15
Grapevine Citizen's Police Academy	Page 16
Gun Dog Training	Page 17
Intermediate Photography	Page 17
Introductory Photography	Page 17
Keep Grapevine Beautiful	
Event Schedule	Page 16
Remodel Your Kitchen	Page 15
Runners and Walkers Club	Page 17
Texas Concealed Handgun Licens Class	Page 15
Training Your Teenage Dog	Page 17

SPRING & SUMMER CAMPS

900 Volleyball Camps	Page 28
Animation	Page 26
Art Camps	Page 25
ATKids Adventure Day Camps	Page 27
Bubbles...Smoke...Explosions	Page 25
CAC Spring Break Camp	Page 25
CAC Summer Camp	Page 25
Chess Wizards Camp	Page 26
Digital Photography Camp	Page 26
Fashion Designing Camp	Page 24
Film-Making Camp	Page 26
Forensics Lab a la CSI-NEW	Page 25
Higher Goals Basketball Camp	Page 28
Integrity Basketball Camp	Page 28
Lego Logo	Page 26
Lego Mania	Page 26
Mad Science Camps	Page 25
Moving with Science	Page 25
RARE Learning	Page 26
Rocket Ride to Space	Page 25
Sailing Camps	Page 27
Sparks Soccer Camp	Page 25
Tennis	Page 28

YOUTH SPORTS

GBUCK Youth Basketball League	Page 20
Girls' Summer Youth Volleyball	Page 21
Girls' Spring Youth Volleyball	Page 21
Youth Basketball Spring/Summer League	Page 21
Youth Sports Associations	Page 22

COMMUNITY ACTIVITIES CENTER

General Information	Page 46
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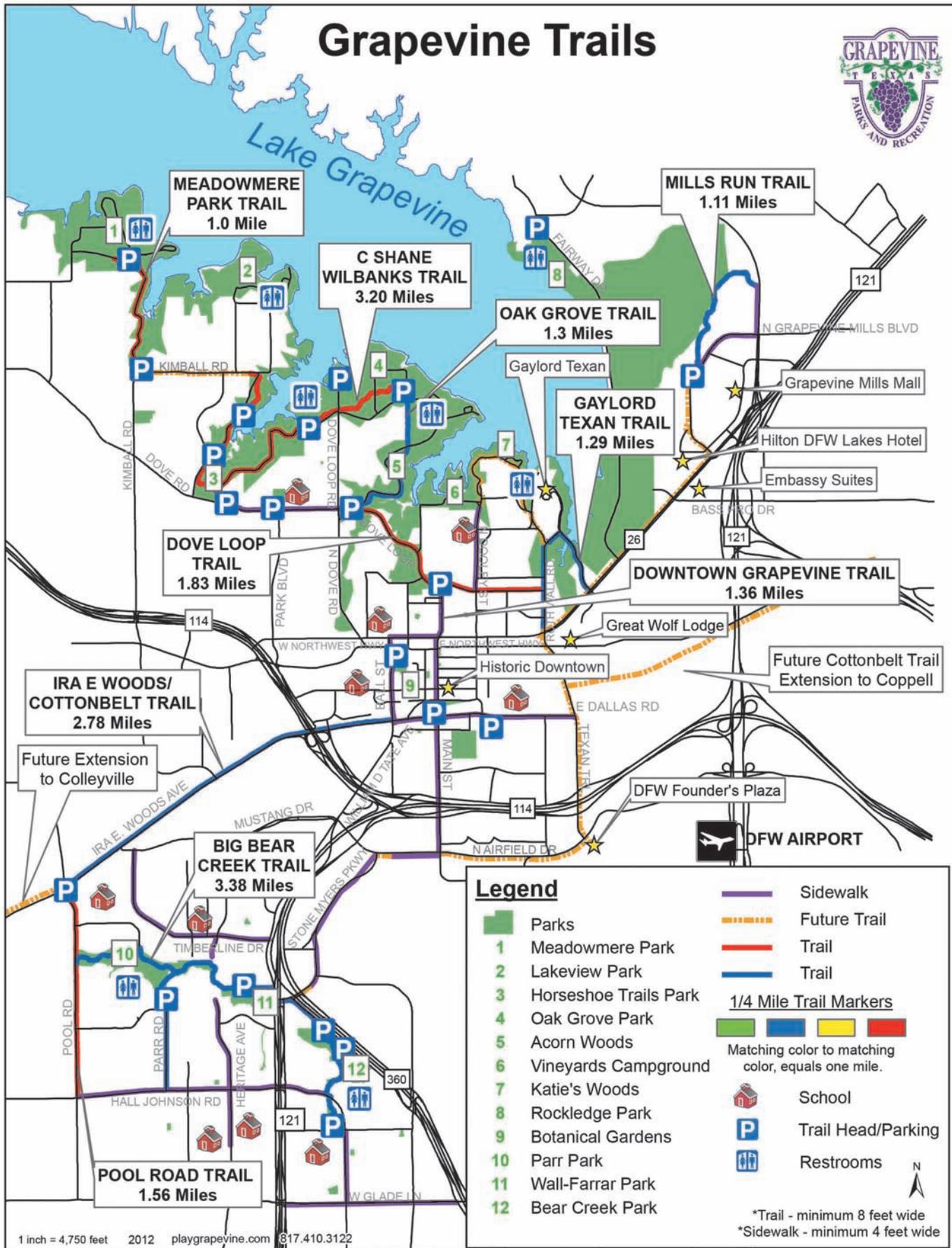
POLICIES/REGISTRATION

Requirements, Registration Schedules, Registration Forms and Parks Addresses	Pages 47-49
--	-------------

OFF THE COUCH

Advances Intermediate Gymnastics	Page 7
Beginning Gymnastics 1	Page 7
Beginning Gymnastics 2	Page 2

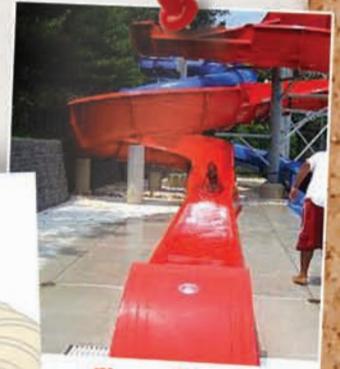
Grapevine Trails



Dove Park & Casey's Clubhouse Renovations



Geyser



Flume Slide



Climbing Wall



Drop Slide



Children's Playground



Lounge Deck

Take a glimpse at the future of play in Grapevine

Dove Pool & Casey's Clubhouse Renovations

Dove Pool has been entertaining and providing memory-making fun for thousands of children and adults for more than 30 years! The priceless life skill of learning to swim has been taught to thousands at Dove Pool. Encouraging safety, physical fitness, outdoor recreation and social interaction, Dove Pool will be taken to a whole new level in 2013!

Dove Park will encompass many new features, including: an expanded swimming pool, multiple water features, slides, a deep-water climbing wall, an in-water lounge deck, water walk, covered rental cabanas, a larger, covered children's pool and playground with zero depth entry and geysers, deep-water drop slide, flume slide, in-water floatables and so much more!

Parking/Tennis, Basketball & Volleyball Courts

All-new tennis court lighting, court resurfacing, nets, windscreens and fencing. All-new basketball court lighting, court resurfacing and fencing and all-new lighting for sand volleyball courts. Additional parking for entire complex.

All-New Casey's Clubhouse

Casey's Clubhouse will be completely revamped and will be all-inclusive so that everyone can play together! All-new will be a zip-line, slides, climbing features, clubhouse and more opportunities for exploration and the encouragement of outdoor recreation and play.

Your All-New Dove Park is scheduled to open Summer 2013!